

the more beautiful world our hearts know is possible

The More Beautiful World Our Hearts Know Is Possible

the more beautiful world our hearts know is possible is not just a poetic phrase; it's a hopeful vision that lives within each of us. It represents the deep, often unspoken yearning for a reality where kindness, justice, and harmony are the norm rather than the exception. In a world that frequently seems fractured by conflict, inequality, and environmental degradation, holding onto this vision can feel like a radical act of hope. But what if embracing this idea could inspire real change in how we live, relate, and build communities? Let's explore what this more beautiful world means, how it resonates with our inner values, and what practical steps we can take to help bring it into being.

Understanding the Vision of a More Beautiful World

The concept of a more beautiful world goes beyond aesthetics or superficial improvements. It's about creating a society where human connection, compassion, and respect for the planet shape our everyday choices. This vision taps into a collective consciousness—a shared belief that a better future is attainable if we align our actions with the values our hearts know to be true.

What Does “More Beautiful” Really Mean?

When we say a world is more beautiful, it's not just about picturesque landscapes or architectural marvels; it's about the quality of life and relationships. Beauty here is synonymous with:

- ****Equity and justice:**** A society where everyone has access to opportunities and fair treatment.
- ****Sustainability:**** Living in harmony with nature, ensuring resources are preserved for future generations.
- ****Empathy and kindness:**** Interactions based on understanding and genuine care for one another.
- ****Creativity and freedom:**** Spaces where people can express themselves and innovate without fear or oppression.

This holistic idea of beauty encourages us to envision a world that nourishes the human spirit and the environment alike.

The Role of Our Hearts in Shaping Reality

Why do we say “the more beautiful world our hearts know is possible”? Because the heart symbolizes more than emotions—it reflects wisdom, intuition, and a deep-seated knowledge of what is right and just. Our hearts guide us toward compassion, urging us to see beyond immediate circumstances and imagine what could be.

Listening to the Heart’s Wisdom

In our fast-paced, often cynical world, it can be easy to suppress this inner knowing. Yet, when we pause and listen, our hearts remind us of the potential for kindness, equality, and peace. This inner guidance often sparks movements for social change, inspiring individuals and communities to act with courage and hope.

Aligning Actions with Heartfelt Values

The challenge lies in translating this vision into concrete steps. Aligning our daily choices—whether in how we treat others, what we consume, or how we engage civically—with the more beautiful world our hearts know is possible creates ripple effects. Small acts of kindness, sustainable living practices, and standing up for justice contribute to a collective momentum toward transformation.

Building Communities Rooted in Compassion and Justice

One of the most tangible ways to manifest the more beautiful world our hearts know is possible is through community-building. Communities that emphasize empathy, inclusiveness, and shared responsibility can serve as microcosms of the world we want to see.

Creating Inclusive Spaces

Inclusive communities welcome diversity and foster environments where every individual feels valued. This means acknowledging different backgrounds, experiences, and perspectives, and creating equitable opportunities for participation and growth. Inclusion helps break down barriers and build trust, which are essential for collective well-being.

Encouraging Collaborative Problem-Solving

When communities come together to address challenges—like environmental issues, social inequalities, or public health concerns—they harness collective wisdom and creativity. Collaborative approaches lead to more sustainable and just solutions, reinforcing the idea that the more beautiful world our hearts know is possible requires cooperation, not division.

Practical Steps Toward a More Beautiful World

While dreaming is crucial, action is what moves us forward. Here are some practical ways individuals and groups can nurture this vision in everyday life:

- **Practice empathy daily:** Listen genuinely to others' stories and experiences, fostering understanding and connection.
- **Support ethical consumption:** Choose products and services that prioritize fair labor practices and environmental sustainability.
- **Engage in local activism:** Participate in community initiatives or advocacy groups that align with values of justice and equity.
- **Educate and inspire:** Share knowledge and stories that highlight possibilities for positive change, encouraging others to join the movement.
- **Prioritize mental and emotional well-being:** Cultivate practices like mindfulness, meditation, or counseling to nurture inner peace, which radiates outward.

The Power of Collective Hope

Individually, these actions may seem small, but collectively they build momentum. Hope fuels resilience, enabling communities to persist through setbacks and continue striving toward the more beautiful world our hearts know is possible. By holding onto hope and acting in alignment with our deepest values, we create a feedback loop that inspires further growth and transformation.

Why This Vision Matters Now More Than Ever

In times marked by global crises—whether climate change, political unrest, or social fragmentation—the need for a vision grounded in love and possibility becomes urgent. The more beautiful world our hearts know is possible serves as a beacon, reminding us that despair is not our only option.

Healing the Planet

Environmental sustainability is a cornerstone of this vision. Caring for the Earth means restoring ecosystems, reducing pollution, and adopting renewable energy sources. Our hearts recognize that the health of the planet directly impacts the well-being of all life.

Bridging Divides

Social and political polarization can feel overwhelming, but the more beautiful world our hearts know is possible invites us to seek common ground. It calls for dialogue, compassion, and a willingness to understand “the other,” fostering unity rather than division.

Empowering Future Generations

Ultimately, this vision is about legacy—what kind of world we want to leave for children and grandchildren. By embodying the principles of justice, empathy, and sustainability today, we create a foundation for a flourishing tomorrow.

The journey toward the more beautiful world our hearts know is possible is ongoing and ever-evolving. It’s a path illuminated by hope, sustained by action, and enriched by the collective spirit of humanity. As we nurture this vision within ourselves and our communities, we become active participants in crafting a future that reflects the best of who we are and who we can be.

Frequently Asked Questions

What is the main theme of 'The More Beautiful World

Our Hearts Know Is Possible'?

The main theme of 'The More Beautiful World Our Hearts Know Is Possible' is envisioning and creating a better, more compassionate, and just world that aligns with our deepest hopes and values.

Who is the author of 'The More Beautiful World Our Hearts Know Is Possible'?

The book 'The More Beautiful World Our Hearts Know Is Possible' is authored by Charles Eisenstein.

How does 'The More Beautiful World Our Hearts Know Is Possible' suggest we address societal challenges?

The book suggests addressing societal challenges through a shift in consciousness, embracing interconnectedness, empathy, and collaborative action rather than relying solely on conventional systems.

What role does hope play in 'The More Beautiful World Our Hearts Know Is Possible'?

Hope plays a central role in the book as a motivating force that inspires individuals and communities to imagine and work towards transformative change despite difficulties.

Can 'The More Beautiful World Our Hearts Know Is Possible' be applied to environmental issues?

Yes, the book advocates for a holistic and heartfelt approach to environmental issues, encouraging respect for nature and sustainable living as part of creating a more beautiful world.

Additional Resources

The More Beautiful World Our Hearts Know Is Possible: Exploring Hope and Transformation in Contemporary Society

the more beautiful world our hearts know is possible stands as a profound expression of collective hope and visionary aspiration. It encapsulates the yearning within individuals and communities for a future shaped by justice, compassion, and sustainability. This phrase, which has gained traction in social movements, literature, and cultural discourse, invites a critical exploration of what a more beautiful world might look like, how it contrasts with current realities, and the pathways toward actualizing such a vision.

The Conceptual Foundations of a More Beautiful World

At its core, the idea of a more beautiful world is an imaginative and emotional construct that reflects humanity's innate desire for improvement and harmony. It challenges entrenched systems that perpetuate inequality, environmental degradation, and social fragmentation. By framing this aspiration as something "our hearts know," the phrase underscores the intuitive and deeply felt nature of this hope, suggesting it transcends rational argument and enters the realm of shared human values.

This conceptual framework is significant because it shifts the dialogue from abstract policy debates to the lived experience of individuals and communities. It encourages a holistic understanding of progress—one that integrates ethical considerations, emotional well-being, and ecological balance. The more beautiful world, therefore, is not just a utopian fantasy but a tangible goal informed by both empirical evidence and moral imagination.

Historical Context and Cultural Resonance

The phrase gained prominence through various cultural channels, including activism, poetry, and the arts. Notably, it has been popularized in social justice movements that seek to confront systemic oppression and envision alternatives to the status quo. This cultural resonance is rooted in historical struggles where marginalized groups have articulated visions of freedom and dignity that defy prevailing injustices.

From the civil rights movements of the 20th century to contemporary climate justice campaigns, the invocation of a more beautiful world serves as a rallying cry that unites diverse constituencies. It functions both as a critique of existing social and political arrangements and as a motivational tool to inspire collective action. This dual role is essential for sustaining momentum in efforts aimed at comprehensive societal transformation.

Practical Dimensions: Pathways Toward Realizing the Vision

Understanding the more beautiful world our hearts know is possible requires examining the practical mechanisms through which such a future might be achieved. This involves interdisciplinary approaches that combine policy innovation, grassroots engagement, and technological advancement.

Social Equity and Justice

One of the central pillars of a more beautiful world is the establishment of social equity. Data from global indices such as the World Inequality Report highlight persistent disparities in wealth, education, and health outcomes. Addressing these gaps demands systemic reforms, including equitable access to resources and opportunities.

Efforts to promote social justice often focus on:

- Implementing fair economic policies that reduce income inequality
- Ensuring universal access to quality education and healthcare
- Protecting civil rights and fostering inclusive governance

These measures contribute to creating a society where individuals can thrive regardless of their background, embodying the more beautiful world that the collective heart envisions.

Environmental Sustainability

Another critical aspect is environmental stewardship. Scientific consensus underscores the urgency of combating climate change and preserving biodiversity. The more beautiful world is intrinsically linked to sustainable living practices that safeguard the planet for future generations.

Key features of sustainability initiatives include:

- Transitioning to renewable energy sources to reduce carbon emissions
- Promoting circular economies that minimize waste
- Restoring natural habitats and protecting endangered species

These actions reflect a commitment to harmony between human development and ecological integrity, a foundational element of the more beautiful world our hearts know.

Technological Innovation and Ethical Considerations

Technology plays a transformative role in shaping society. Innovations in artificial intelligence, biotechnology, and communication have the potential to accelerate progress toward a more beautiful world. However, these advancements raise ethical questions about privacy, equity, and human agency.

Balancing technological benefits with ethical safeguards is essential. This includes:

- Developing inclusive technologies accessible to diverse populations
- Ensuring transparency and accountability in algorithmic decision-making
- Fostering public dialogue on the societal implications of new technologies

By integrating ethical frameworks into technological development, society can harness innovation as a tool for realizing the aspirational vision embedded in the phrase.

Challenges and Critiques

While the aspiration for a more beautiful world is compelling, it is not without challenges. Critics argue that such visions can sometimes be overly idealistic or insufficiently attentive to geopolitical complexities and economic constraints.

Risk of Idealism and Practical Limitations

The pursuit of a more beautiful world may encounter resistance from entrenched interests and structural inertia. Real-world policy implementation often requires compromises that dilute transformative goals. Additionally, the ambiguity inherent in the concept can lead to divergent interpretations, complicating consensus-building.

Potential for Exclusion or Oversimplification

Another critique concerns the risk of romanticizing an ideal that may inadvertently exclude certain perspectives or oversimplify complex societal dynamics. It is crucial to ensure that the vision remains inclusive and grounded in empirical realities to avoid alienation or disillusionment.

Bridging Vision and Reality Through Collective Action

Despite these challenges, the phrase “the more beautiful world our hearts know is possible” continues to inspire a broad spectrum of initiatives. From community-led sustainability projects to international policy frameworks like the United Nations Sustainable Development Goals (SDGs), there is a growing recognition that collective action is indispensable.

Community Empowerment and Participatory Governance

Empowering local communities to participate in decision-making processes enhances the legitimacy and effectiveness of efforts to build a more beautiful world. Participatory governance models foster transparency and accountability, ensuring that diverse voices contribute to shaping the future.

Education and Cultural Shifts

Education also plays a pivotal role by cultivating critical thinking, empathy, and global citizenship. Cultural shifts towards valuing cooperation over competition and long-term well-being over short-term gains are necessary complements to structural reforms.

Reimagining the Future with Pragmatic Optimism

Ultimately, the more beautiful world our hearts know is possible invites a balance between visionary optimism and pragmatic strategies. It encourages stakeholders—from policymakers and activists to ordinary citizens—to engage in reflective and sustained efforts that honor both the emotional and rational dimensions of social transformation.

By embracing complexity, fostering inclusivity, and committing to incremental yet meaningful change, society can move closer to realizing a future that resonates with the deepest aspirations of humanity. The journey toward this more beautiful world is ongoing, marked by challenges and breakthroughs alike, but driven by a shared conviction that a better tomorrow is within reach.

The More Beautiful World Our Hearts Know Is Possible

the more beautiful world our hearts know is possible: The More Beautiful World Our Hearts Know Is Possible Charles Eisenstein, 2013-11-05 As seen on Oprah's Super Soul Sunday A beacon of hope in the face of our current world crises, this uplifting book demonstrates how embracing our interconnectedness is key to world transformation In a time of social and ecological crisis, what can we as individuals do to make the world a better place? This inspirational and thought-provoking book serves as an empowering antidote to the cynicism, frustration, paralysis, and overwhelm so many of us are feeling, replacing it with a grounding reminder of what's true: we are all connected, and our small, personal choices bear unsuspected transformational power. By fully embracing and practicing this principle of interconnectedness—called interbeing—we become more effective agents of change and have a stronger positive influence on the world. Throughout the book, Eisenstein relates real-life stories showing how small, individual acts of courage, kindness, and self-trust can change our culture's guiding narrative of separation, which, he shows, has generated the present planetary crisis. He brings to conscious awareness a deep wisdom we all innately know: until we get ourselves in order, any action we take—no matter how good our intentions—will ultimately be wrong-headed and wrong-hearted. Above all, Eisenstein invites us to embrace a radically different understanding of cause and effect, sounding a clarion call to surrender our old worldview of separation, so that we can finally create the more beautiful world our hearts know is possible. With chapters covering separation, interbeing, despair, hope, pain, pleasure, consciousness, and many more, the book invites us to let the old Story of Separation fall away so that we can stand firmly in a Story of Interbeing.

the more beautiful world our hearts know is possible: Sacred Economics, Revised Charles Eisenstein, 2021-02-16 Expanded and updated, Charles Eisenstein's classic treatise on capitalism, currency, and the gift economy. This revised version traces the history of money, from ancient gift economies to modern capitalism, and includes new material on cryptocurrencies and emerging research that has come out since the book's original publication. Charles Eisenstein shows how capitalism contributes to alienation, competition, and scarcity; destroys community; and necessitates endless growth at the cost of social and environmental devastation. Today, these trends have reached their extreme--and their collapse presents a golden opportunity to transition to a more connected, ecological, and sustainable way of being. Eisenstein describes the deeper narratives beneath our economic system, and how we can reimagine it to align with a new story. Applying a broadly integrated synthesis of theory, policy, and practice, he explores avant-garde concepts of the New Economics, including negative-interest currencies, local economies, gift economics, cryptocurrencies, and the restoration of the commons. Tapping into a rich lineage of conventional and unconventional economic thought, Eisenstein presents a vision that is original yet commonsense, radical yet gentle, and increasingly relevant as the crises of our civilization deepen.

the more beautiful world our hearts know is possible: Green Swans John Elkington, 2020-04-07 Even leading capitalists admit that capitalism is broken. Green Swans is a manifesto for system change designed to serve people, planet, and prosperity. In his twentieth book, John Elkington—dubbed the “Godfather of Sustainability”—explores new forms of capitalism fit for the twenty-first century. If Nassim Nicholas Taleb’s “Black Swans” are problems that can take us exponentially toward breakdown, then “Green Swans” are solutions that take us exponentially toward breakthrough. The success—and survival—of humanity now depends on how we rein in the first and accelerate the second. Green Swans draws on Elkington’s firsthand experience in some of the world’s best-known boardrooms and C-suites. Using case studies, real-world examples, and profiles on emergent technologies, Elkington shows how the weirdest “Ugly Ducklings” of today’s world may turn into tomorrow’s world-saving Green Swans. This book is a must-read for business leaders in corporations great and small who want to help their businesses survive the coming shift in global priorities over the next decade and expand their horizons from responsibility, through

resilience, and onto regeneration.

the more beautiful world our hearts know is possible: Sacred Economics Charles Eisenstein, 2011 Sacred Economics traces the history of money from ancient gift economies to modern capitalism, revealing how the money system has contributed to alienation, competition, and scarcity, destroyed community, and necessitated endless growth. Today, these trends have reached their extreme—but in the wake of their collapse, we may find great opportunity to transition to a more connected, ecological, and sustainable way of being. This book is about how the money system will have to change—and is already changing—to embody this transition. A broadly integrated synthesis of theory, policy, and practice, Sacred Economics explores avant-garde concepts of the New Economics, including negative-interest currencies, local currencies, resource-based economics, gift economies, and the restoration of the commons. Author Charles Eisenstein also considers the personal dimensions of this transition, speaking to those concerned with right livelihood and how to live according to their ideals in a world seemingly ruled by money. Tapping into a rich lineage of conventional and unconventional economic thought, Sacred Economics presents a vision that is original yet commonsense, radical yet gentle, and increasingly relevant as the crises of our civilization deepen. Sacred Economics official website: <http://sacred-economics.com/>

the more beautiful world our hearts know is possible: Transformative Sustainability Education Elizabeth A. Lange, 2023-03-28 This book lays out the principles and practices of transformative sustainability education using a relational way of thinking and being. Elizabeth A. Lange advocates for a new approach to environmental and sustainability education, that of rethinking the Western way of knowing and being and engendering a frank discussion about the societal elements that are generating climate, environmental, economic, and social issues. Highlighting the importance of Indigenous and life-giving cultures, the book covers educational theory, transformation stories of adult learners, social and economic critique, and visions of changemakers. Each chapter also has a strong pedagogical element, with entry points for learners and embodied practices and examples of taking action at micro/meso/macro levels woven throughout. Overall, this book enacts a relational approach to transformative sustainability education that draws from post humanist theory, process thought, relational ontology, decolonization theory, Indigenous philosophy, and a spirituality that builds a sense of sacred towards the living world. Written in an imaginative, storytelling manner, this book will be a great resource for formal and nonformal environmental and sustainability educators.

the more beautiful world our hearts know is possible: The Ascent of Humanity Charles Eisenstein, 2013-02-05 The author of *The More Beautiful World Our Hearts Know Is Possible* explores the history and potential future of civilization, tracing the converging crises of our age to the illusion of the separate self. Our disconnection from one another and the natural world has mislaid the foundations of science, religion, money, technology, economics, medicine, and education as we know them. It has fired our near-pathological pursuit of technological Utopias even as we push ourselves and our planet to the brink of collapse. Fortunately, an Age of Reunion is emerging out of the birth pangs of an earth in crisis. Our journey of separation hasn't been a terrible mistake but an evolutionary process and an adventure in self-discovery. Even in our darkest hour, Eisenstein sees the possibility of a more beautiful world—not through the extension of millennia-old methods of management and control but by fundamentally reimagining ourselves and our systems. We must shift away from our Babelian efforts to build ever-higher towers to heaven and instead turn out attention to creating a new kind of civilization—one designed for beauty rather than height.

the more beautiful world our hearts know is possible: Threshold Dwellers in the Age of Global Pandemic Eleazar S. Fernandez, 2022-05-19 So many lives have been lost now and the death toll still continues to rise because of the COVID-19 pandemic. The poor and the marginalized, not surprisingly, have been disproportionately affected. The pandemic has exposed the fault lines not only in our healthcare but also in our political and economic system, a system driven by the pursuit of the bottom line—profits. If we are not only to survive but also thrive as a global society, the challenge of the coronavirus pandemic must lead us to explore ways of thinking, being, and

dwelling that promote our shared flourishing. It is time to take personal stock about ourselves: who we are, where we have been, and where we are heading. What can the pandemic teach us about ourselves? What is it revealing about us and our situation? How shall we dwell together? Do we want to wake up to a new and better tomorrow after this nighttime of pandemic? That will largely depend on the way we respond now. Who are we becoming in this time of pandemic? What daily practices are we doing as embodiments of the new world we are anticipating?

the more beautiful world our hearts know is possible: Prosocial Paul W.B. Atkins, David Sloan Wilson, Steven C. Hayes, 2019-10-01 A groundbreaking, comprehensive program for designing effective and socially equitable groups of all sizes—from businesses and social justice groups to global organizations. Whether you work in business or schools, volunteer in neighborhoods or church organizations, or are involved in social justice and activism, you understand the enormous power of groups to enact powerful and lasting change in the world. But how exactly do you design, build, and sustain effective groups? Based on the work of Nobel Prize winning economist Elinor Ostrom and grounded in contextual behavioral science, evolutionary science, and acceptance and commitment therapy (ACT), Prosocial presents a practical, step-by-step approach to help you energize and strengthen your business or organization. Using the Prosocial model, you'll learn to design groups that are more harmonious, have better member or employee retention, have better relationships with other groups or business partners, and have more success and longevity. Most importantly, you'll learn to target the characteristics that foster cooperation and collaboration—key ingredients for any effective group.

the more beautiful world our hearts know is possible: Love Anyway Jeremy Courtney, 2019-09-24 For all who are displaced. For all who are weary of the way things are. For all who long for a more beautiful world. Preemptive Love founder Jeremy Courtney has seen the very worst of war. He's risked his life saving lives on the front lines. He's come face to face with ISIS, been targeted by death threats, and narrowly escaped airstrikes. Through it all, the most powerful thing he's learned is this: we're not just at war with each other. We're at war with ourselves. But the way things are is not the way they have to be. There is a more beautiful world. To find it, we have to we confront our fear--and end war where it starts: in our own heads and hearts. With stories of people who have lived through war and terrorism, Love Anyway will inspire you to confront your deepest fears and respond to our scary world with the kind of love that seems a little crazy. Because when we do, we become agents of hope who unmake violence and unfurl the more beautiful world our hearts know is possible. Love Anyway is the story of Jeremy's incredible journey--and an invitation to discover the more beautiful world on the front lines where you live.

the more beautiful world our hearts know is possible: Cooling the Climate Peter Bunyard, Rob De Laet, 24-11-06 This book highlights an often-overlooked factor in climate change: water and its movements through ecosystems. While greenhouse gases are known to heat the planet, the interaction between water, plants, and the atmosphere plays a much more significant role in regulating and cooling the climate. Through processes like photosynthesis and the biotic pump in large forests, water cycles stabilize weather and irrigate continents. By understanding these dynamics, we can confront the climate crisis with new, powerful strategies. Healthy ecosystems, both on land and in oceans, are key to stabilizing the climate. This book provides the scientific background, referencing James Lovelock's Gaia hypothesis and indigenous wisdom, to offer a fresh perspective on addressing climate change. It proposes strategies for shifting the current climate narrative and outlines the scale and speed of action required to prevent societal collapse. The book also offers specific methods for individual and collective action, calling for a global movement to regenerate the planet. Supported by a Digital Earth platform, billions can unite to restore the biosphere and stabilize societies. It presents a hopeful roadmap, showing how people can take meaningful action to mitigate climate change and build a better future for generations to come.

the more beautiful world our hearts know is possible: The Sacred Ego Jalaja Bonheim, Ph.D., 2015-07-28 WINNER OF THE NAUTILUS BOOK AWARD Blending psychological insights with spiritual wisdom, this "brilliant and visionary" guide deconstructs the myth of the 'selfish' ego to

provide a blueprint for fostering peace (Tara Brach, author of Radical Acceptance) Why have we failed to create the happy, peaceful world that we all want? And what can we do about it? For more than three decades, Jalaja Bonheim has explored these questions in her work with women leaders, activists, and spiritual seekers from around the world. In *The Sacred Ego*, she tackles one of the core myths of popular spiritual culture—the myth of the ego, supposedly responsible for our greed, selfishness, and violence. In contrast, Bonheim approaches the ego as a sacred function worthy of honor and gratitude. With riveting stories from her work, she guides us into the depths of our collective psyche to pinpoint the real sources of our problems and illuminate our path to wholeness. Firmly grounded in a lifetime of practical experience, *The Sacred Ego* is a visionary, uplifting book that explains why our world is in crisis and how we can support the unprecedented transformational process that's underway.

the more beautiful world our hearts know is possible: The Future of Coaching Hetty Einzig, 2017-05-18 We live in a world that is volatile, uncertain, complex and ambiguous, in which our work and lives are constantly disrupted and changing. But coaches and leaders are still trained to operate within stable models with a uni-focus on performance. Coaches are starting to question the remit of 'raising performance' within existing systems, many of which are outdated, dysfunctional and even toxic. The role of the coach today must evolve to become fit for purpose in challenging times and coaching must re-articulate its values, as the essential compass for navigating turbulent waters. In *The Future of Coaching*, Hetty Einzig examines the role of coaching and leadership in the twenty-first century, and sets out a compelling vision for its future. Drawing on experience gained over twenty-five years of coaching leaders in the corporate and public sectors, in the UK and globally, she challenges the tenet of coaching neutrality. Rather than simply following the client agenda, she encourages coaches to see themselves as partners in courageous leadership and to work towards building an ethical, holistic and networked coaching approach to help create businesses that serve society and our globalised world. The book asks essential questions of coaches working today: how can leaders and coaches become 'positive deviants' and transform the rules of the game within cultures where denial and group-think are rife? How can coaches work with the anxious and depressed, embracing the dark as well as the light? Are coaches prepared for the rise of Millennials, women leaders and those over sixty (the Third Actors)? Einzig challenges the model of the Strong Leader in favour of Responsible leadership based on authentic strength, distributed power and responsive thinking. And she shows how this vision of a transformed workplace is essential for the transformations society must undertake to reclaim a positive future. This thought provoking collection of essays, designed to be read in any order, is enlightening and inspiring reading for coaches in practice and in training, HR and L&D professionals and for leaders everywhere.

the more beautiful world our hearts know is possible: The Healing Organization Raj Sisodia, Michael J. Gelb, 2019-09-17 The image of modern corporations has been shaped by a profits over people approach, but we are at a point where business must take the lead in healing the crises of our time. *The Healing Organization* shows how corporations can become healing forces. Conscious Capitalism pioneer Raj Sisodia and organizational innovation expert Michael J. Gelb were inspired to write this book because of the epidemic of unnecessary suffering connected with business, including the destruction of the environment; increasing numbers living paycheck-to-paycheck and barely surviving; and rising rates of depression and stress leading to chronic health problems. Based on extensive in-depth interviews and inspiring case studies, Sisodia and Gelb show how companies such as Shake Shack, Hyatt, KIND Healthy Snacks, Eileen Fisher, H-E-B, FIFCO, Jaipur Rugs and DTE Energy are healing their employees, customers, communities and other stakeholders. They represent a diverse sampling of industries and geographies, but they all have significant elements in common, besides being profitable enterprises: Their employees love coming to work. They have passionately loyal customers. They make a significant positive difference to the communities they serve. They preserve and restore the ecosystems in which they operate. The enmity and dividedness between those who champion unfettered capitalism and those who advocate

socialism is exacerbating rather than solving our problems. In a world that urgently needs healing on many levels, this is a movement whose time has come. The Healing Organization shows how it can be done, how it is being done, and how you can begin to do it too.

the more beautiful world our hearts know is possible: Spiritual Democracy Steven B. Herrmann, 2014-10-14 Exploring what the author calls the shaman-poets—Walt Whitman, Herman Melville, and Emily Dickinson—this book demonstrates how far ahead of their times these writers were in forecasting developments of our current time. It was Whitman who first wrote of Spiritual Democracy as a vision of transformation and global equality. Steven Herrmann delves deep into the visionary expressions of this idea of Spiritual Democracy—the realization of the oneness of humanity with the universe and all its forces—in these early American writers, showing the influence the groundbreaking work of the geologist and thinker Alexander Von Humboldt had on Whitman and others. Writing that every member of the global community regardless of color, gender, or sexual orientation can realize these freedoms, the author explores how one can tap into the vitalizing source of equalizing, vocational energy to bring a sense of purpose and peace. Although the book shines as a work of literary criticism, the author's insights as a Jungian psychotherapist take the reader ever deeper into the creative impulses of Whitman, Melville, Dickinson, and other poets in their crafting of the seminal notion of Spiritual Democracy. In addition, Herrmann offers practical methodologies for personal and global transformation in the section, Ten Ways to Practice Spiritual Democracy. Table of Contents Visions of Spiritual Democracy - Introduction 1. Cosmos 2. Spiritual Democracy as a Science of God 3. From Humboldt to Jung 4. Jung on Spiritual Democracy 5. Healing the National Complex 6. Whitman's New Bible: The Foundation of a Religious Vision 7. Walt Whitman's Global Vision 8. The Bi-Erotic as Transcendent Sexuality 9. Shamanism and Spiritual Democracy: A Post-Humboldtian Notion of the Cosmos 10. Whitman as a Preserver of the Psychic Integrity of the Community 11. Moby Dick: The Evolution of a New Myth for our Times 12. Herman Melville: The Quest for Yillah 13. Towards a Hypothesis of the Bi-erotic 14. Moby Dick and the Trickster 15. The Marriage of Sames: A Bosom Friend 16. Moby Dick: The Characters Behind the Names 17. The Fall of the Dictatorships as Portrayed in Moby Dick 18. Metamorphosis of the Gods 19. The Re-emergence of the Feminine 20. Afterward: A Bi-Erotic Model for The Way Forward a) Ten Ways to Practice Spiritual Democracy

the more beautiful world our hearts know is possible: Love in the Age of Ecological Apocalypse Carolyn Baker, 2015-03-24 Given the daunting, dire predicament in which we find ourselves on this planet, what is described by social critic James Howard Kunstler as a Long Emergency may in fact become a Last Emergency for humanity. Whether we encounter a long or a last emergency, Carolyn Baker seeks to offer inspiration and guidance for inhabiting our remaining days with passion, vitality, empathy, intimate contact with our emotions, kindness in our relationships with all species, gratitude, open-hearted receptivity, exquisite creations of beauty, and utilizing every occasion, even our demise, as an opportunity to invoke and inflict joy in our world. Love in the Age of Ecological Apocalypse addresses an array of relationships in the Last Emergency and how one's relationship with oneself may enrich or impede interactions with all other beings. Drawing upon her deep experience as a life coach, Baker writes of the specific need to understand our key relationships in a society in collapse, and how to navigate through differing levels of acceptance of collapse, trauma, and grief. Key relationships include those with our partners, children, friends, neighbors, as well as relationships with our work, our bodies, our natural resources, food and eating, animals, future generations, Eros, and indeed, the powers of the universe. Baker's writing is engaging, inspiring, and often beautiful in its depth and candor. She introduces a variety of spiritual practices facilitate our developing a relationship with the deeper Self. With these practices and giving and receiving support from others who are walking a similar path, we begin to live more frequently from the deeper Self, or at least are able to access it more quickly when we find ourselves becoming embroiled in the ego. Table Of Contents • Introduction • Chapter 1: Living, Loving, and Preparing With A Reluctant Partner • Chapter 2: Children And Collapse • Chapter 3: Friends, Neighbors, and The Community • Chapter 4: Work and The Creative

Soul • Chapter 5: Our Relationship With Resources • Chapter 6: Loving The Body As The World Falls Apart • Chapter 7: Our Relationship With Food: Mindful Eating As A Spiritual Practice • Chapter 8: Loving The Time Of Your Life • Chapter 9: What An Animal You Are! • Chapter 10: Darkness Matters • Chapter 11: Ensconsed In Eros, Bathed In Beauty • Chapter 12: Our Relationship With The Powers of The Universe • Chapter 13: Near-Term Extinction And Waking Up To Death • Chapter 14: Empire, I Wish I Knew How To Quit You • Chapter 15: Grief And Love In A Culture Of Congestive Heart Failure • Chapter 16: Our Relationship With Future Generations

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