

# how to know god by deepak chopra

How to Know God by Deepak Chopra: Exploring Spirituality and Consciousness

**how to know god by deepak chopra** is a profound exploration into spirituality, consciousness, and the nature of divinity. Deepak Chopra, a renowned author and spiritual teacher, has long inspired seekers around the world to deepen their understanding of God beyond traditional religious frameworks. His approach blends ancient wisdom with modern science, encouraging individuals to experience the divine through inner awareness rather than external dogma. In this article, we'll delve into Chopra's teachings on how to know God, uncovering practical insights and transformative perspectives that can enrich your spiritual journey.

## Understanding Deepak Chopra's Perspective on God

Deepak Chopra's vision of God is not confined to the idea of a distant, anthropomorphic deity. Instead, he presents God as an infinite field of consciousness that exists within and around us. This view resonates with concepts found in Vedanta, quantum physics, and mysticism, where God is synonymous with the universal intelligence or the source of all creation.

## God as Pure Consciousness

Chopra emphasizes that God is essentially pure consciousness—the fundamental essence underlying all existence. This consciousness is not limited by time, space, or form. By recognizing this, we shift from seeing God as something “out there” to realizing that God is the very fabric of our own being. The journey to know God then becomes a journey inward, to the depths of our own awareness.

## Beyond Religion: A Universal Spirituality

One of the key elements in how to know God by Deepak Chopra is the idea of transcending religious boundaries. Chopra advocates for a universal spirituality that honors all paths, encouraging individuals to find their own direct experience of the divine. This inclusive approach helps people connect with God in a way that feels authentic and personal, rather than prescribed or dogmatic.

# **Practical Steps to Know God According to Deepak Chopra**

Knowing God in Chopra's framework isn't about intellectual knowledge or blind faith. It's about cultivating a deeper connection through mindful practices that awaken consciousness and dissolve the illusion of separateness.

## **Meditation as a Path to Divine Awareness**

Meditation is central to Chopra's teachings on how to know God. Through meditation, individuals can quiet the mind and access the stillness where divine presence can be felt directly. Regular meditation practice helps to dissolve mental noise, allowing you to experience a state of pure being where the sense of "I" merges with the infinite.

## **Self-Inquiry and Mindfulness**

Alongside meditation, self-inquiry is another tool Chopra recommends. Asking questions like "Who am I beyond my thoughts and emotions?" or "What is the source of my awareness?" encourages a deeper understanding of the self and its connection to God. Mindfulness in daily life—being fully present in each moment—also cultivates this awareness, revealing the sacredness in ordinary experiences.

## **Living in Alignment with Universal Laws**

Chopra often speaks about universal laws such as the law of karma, the law of attraction, and the law of cause and effect. Understanding and living in harmony with these principles helps align your life with the flow of divine intelligence. By doing so, you open yourself to greater synchronicity, healing, and spiritual growth.

## **Deepak Chopra's Teachings on the Nature of Reality and God**

A unique aspect of Chopra's approach is his integration of scientific concepts with spirituality, particularly his interpretation of quantum physics as it relates to consciousness and God.

## **Quantum Consciousness and Divine Unity**

Chopra explains that at the quantum level, all particles are interconnected, reflecting the unity of all existence. This interconnectedness mirrors the spiritual idea that God is the underlying unity binding everything together. Understanding this quantum unity helps dissolve the illusion of separateness and fosters a deep sense of oneness with God.

## **The Role of Intention in Creating Reality**

Another fascinating teaching is the power of intention. Chopra suggests that our thoughts and intentions influence the fabric of reality, shaping our experiences. This aligns with the concept that God's creative power is accessible to us through conscious awareness. By setting positive intentions and aligning with divine will, we participate in the co-creation of our lives.

## **How to Know God by Deepak Chopra Through Daily Practice**

Integrating Chopra's teachings into everyday life can transform how you perceive God and spirituality.

## **Gratitude and Compassion**

Cultivating gratitude opens the heart and invites divine presence. Chopra stresses that recognizing the blessings in life, big or small, nurtures a connection with God's abundance. Compassion toward others also reflects the divine spark within each being, reinforcing spiritual unity and love.

## **Embracing Silence and Solitude**

In our busy world, silence and solitude are often overlooked. Chopra encourages spending time alone in quiet reflection or nature, which can help you tune into the subtle whispers of the divine. These moments foster clarity and deepen your spiritual awareness.

## **Engaging with Sacred Texts and Teachings**

While Chopra emphasizes personal experience, he also values the wisdom found

in sacred texts such as the Bhagavad Gita, Tao Te Ching, and Bible. Studying these works through the lens of consciousness and unity can enrich your understanding of God and inspire your practice.

## **Transforming Your Relationship with God**

Deepak Chopra's approach invites a transformational shift—from viewing God as an external judge or ruler to experiencing God as your innermost self and the essence of all life. This transformation often leads to greater peace, love, and a sense of purpose.

## **The Journey of Inner Discovery**

Knowing God, according to Chopra, is an ongoing journey rather than a destination. It requires patience, openness, and a willingness to explore the depths of your being. Each step inward reveals more about the divine nature within you and the universe.

## **Healing Through Spiritual Connection**

Many followers find that deepening their connection to God through Chopra's teachings brings healing on multiple levels—emotional, physical, and mental. The awareness of being part of a larger, loving consciousness can dissolve fear and anxiety, replacing them with trust and serenity.

Exploring how to know God by Deepak Chopra opens a door to a richer, more meaningful spiritual life. By embracing consciousness, meditation, and universal principles, you can experience God not as a distant concept, but as the vibrant, living essence within you and all around. This journey invites you to awaken to your true nature and the boundless mystery of existence itself.

## **Frequently Asked Questions**

### **What is the main theme of Deepak Chopra's teachings on how to know God?**

Deepak Chopra's teachings emphasize that knowing God is a deeply personal and spiritual journey that involves inner exploration, mindfulness, and connecting with the universal consciousness beyond traditional religious boundaries.

## **How does Deepak Chopra define God in his philosophy?**

Deepak Chopra often defines God as the infinite, unchanging consciousness that underlies all existence, a universal energy or intelligence that is accessible through meditation and self-awareness.

## **What practices does Deepak Chopra recommend to know God?**

He recommends practices such as meditation, mindfulness, self-inquiry, and cultivating a deep sense of presence to connect with the divine within and experience God beyond the ego and mind.

## **Does Deepak Chopra associate knowing God with any particular religion?**

No, Deepak Chopra's approach is largely non-denominational and spiritual rather than religious, focusing on universal truths and inner experience rather than specific dogmas or rituals.

## **How can meditation help in knowing God according to Deepak Chopra?**

Meditation helps quiet the mind, allowing individuals to transcend their limited self-identity and experience a deeper connection with the infinite consciousness, which Chopra describes as God.

## **What role does consciousness play in Deepak Chopra's concept of God?**

Consciousness is central to Chopra's concept of God; he views God as pure consciousness or the fundamental awareness that permeates everything, and knowing God is essentially realizing this universal consciousness within oneself.

## **Are there any books by Deepak Chopra specifically about knowing God?**

While there may not be a book titled exactly "How to Know God," many of Deepak Chopra's works, such as "The Seven Spiritual Laws of Success" and "The Book of Secrets," explore themes of spirituality, consciousness, and connecting with the divine essence.

## **How does Deepak Chopra suggest overcoming doubts**

## about the existence of God?

Chopra encourages exploring spirituality through direct experience, meditation, and self-inquiry rather than relying solely on intellectual arguments, suggesting that knowing God comes from personal realization rather than external proof.

## Additional Resources

How to Know God by Deepak Chopra: An Analytical Exploration

**how to know god by deepak chopra** is a subject that intersects spirituality, philosophy, and personal transformation. Deepak Chopra, a prominent figure in the field of mind-body medicine and spiritual teachings, has offered a distinctive perspective on understanding divinity that blends ancient wisdom with contemporary insights. His approach is neither strictly theological nor dogmatic; instead, it invites readers and seekers to explore the nature of God through consciousness, meditation, and self-awareness. This article delves into the core themes and methodologies Chopra presents in his work on knowing God, examining its implications, strengths, and the broader context of spiritual inquiry.

## Understanding Deepak Chopra's Concept of God

At the heart of Chopra's exploration on how to know God lies a paradigm shift from traditional external religious frameworks to an inward, experiential understanding of the divine. Instead of portraying God as a distant, anthropomorphic figure, Chopra emphasizes God as an omnipresent consciousness – an all-encompassing intelligence that permeates everything. This aligns with principles found in Vedanta and quantum physics, two domains Chopra frequently references.

His interpretation suggests that God is not a separate entity but the very essence of existence and awareness. This perspective encourages individuals to seek God within themselves by transcending the ego and tapping into a universal consciousness. It challenges conventional religious narratives by proposing that spiritual realization is accessible through personal transformation rather than external authority or dogma.

## The Role of Consciousness in Knowing God

Consciousness is a recurring theme in Chopra's teachings and forms the cornerstone of his approach to knowing God. He argues that consciousness is fundamental – it precedes matter, space, and time. This viewpoint is supported by some interpretations of quantum mechanics, which Chopra

integrates to validate his spiritual assertions.

According to Chopra, by expanding one's consciousness, it becomes possible to perceive the divine essence that underlies reality. Meditation, mindfulness, and other contemplative practices are tools to quiet the mind, dissolve the ego, and access higher states of awareness. In this state, individuals experience unity with the universe, which is synonymous with knowing God.

## **Methods and Practices Advocated by Deepak Chopra**

Chopra's guidance on how to know God is practical and experiential. He offers several practices designed to cultivate awareness and foster a direct connection with the divine presence within.

### **Meditation and Mindfulness**

Meditation is central to Chopra's recommendations. He advocates for a form of meditation that focuses on stillness and presence, allowing the practitioner to move beyond thought patterns and emotional distractions. This practice is said to awaken a deeper sense of self, or the "witness consciousness," which observes without judgment.

Mindfulness complements meditation by encouraging constant awareness of the present moment throughout daily activities. Chopra stresses that such practices help dismantle the illusion of separateness, a barrier to recognizing the interconnectedness that defines the divine experience.

### **Self-Inquiry and Awareness**

Another key aspect of Chopra's teaching involves self-inquiry – questioning the nature of one's identity and the source of consciousness. By asking "Who am I?" beyond the physical and psychological self, individuals can peel away layers of conditioning and discover the fundamental consciousness that is one with God.

This method aligns closely with ancient spiritual traditions like Advaita Vedanta, where the ultimate realization comes from understanding the self as non-different from the universal reality.

# Comparing Chopra's Approach to Traditional Theistic Views

The contrast between Deepak Chopra's model of knowing God and traditional theistic perspectives is significant. Mainstream religions often depict God as a personal deity with defined attributes who interacts with humanity through revelation, scripture, and ritual. Chopra's approach, by contrast, is non-dualistic and experiential, emphasizing an impersonal, formless divine reality.

This difference can be both a strength and a limitation depending on the seeker's background and expectations. For individuals disillusioned by dogma or institutional religion, Chopra's teachings offer a refreshing, inclusive pathway to spirituality. However, for those seeking a relational, personal God as portrayed in Abrahamic faiths, his model might seem abstract or insufficiently concrete.

## Pros and Cons of Chopra's Spiritual Framework

### • Pros:

- Encourages personal empowerment and self-realization.
- Integrates scientific concepts, appealing to those interested in the intersection of science and spirituality.
- Promotes inclusivity by transcending religious boundaries.
- Offers practical tools (meditation, mindfulness) applicable to everyday life.

### • Cons:

- May lack the emotional or communal elements found in traditional religious practices.
- Abstract nature could be challenging for individuals seeking concrete theological answers.
- Critics argue that scientific references are sometimes oversimplified or selectively interpreted.



# The Impact of Deepak Chopra's Teachings on Contemporary Spirituality

The influence of Deepak Chopra on modern spirituality is undeniable. His works, including those related to how to know God, have popularized a form of spirituality that blends Eastern mysticism with Western psychology and science. This hybrid spirituality resonates with a growing demographic seeking meaning beyond conventional religious structures.

Chopra's emphasis on consciousness and self-awareness has contributed to the mainstream acceptance of mindfulness and meditation practices. Additionally, his framing of God as an experience rather than a doctrine has opened new avenues for spiritual exploration in secular contexts.

Despite criticism from both religious traditionalists and certain scientific communities, Chopra's approach continues to inspire a global audience. This reflects a broader cultural shift toward individualized spirituality and a search for universal truths beyond sectarian divides.

## Integration with Other Spiritual Traditions

Chopra's teachings do not exist in isolation but interact dynamically with diverse spiritual traditions. His ideas echo elements of Hinduism, Buddhism, and New Thought Christianity, creating a syncretic framework that appeals to pluralistic societies.

For example, his concept of the divine consciousness parallels the Buddhist notion of Buddha-nature and the Hindu idea of Atman as the ultimate self. This cross-pollination enriches the discourse on how to know God by providing multiple entry points for seekers from various backgrounds.

Exploring these intersections can deepen one's appreciation of Chopra's contributions while situating them within a broader spiritual ecosystem.

In sum, how to know god by deepak chopra is less about acquiring factual knowledge and more about cultivating a transformative experience of divine reality. It is an invitation to embark on an inward journey, using meditation, self-inquiry, and expanded consciousness to transcend ego boundaries and realize unity with the infinite. This approach challenges traditional paradigms, fosters inclusiveness, and aligns with contemporary quests for meaning in an increasingly complex world.

## [How To Know God By Deepak Chopra](#)

**how to know god by deepak chopra:** *How to Know God* Deepak Chopra, M.D., 2001-02-20 You

don't have to believe in God in order to experience God. --- Deepak Chopra The celebrated author of *Ageless Body, Timeless Mind* and *The Seven Spiritual Laws of Success* has written his most ambitious and important work yet, a runaway international bestseller that has inspired hundreds of thousands of readers to rethink their concept of God. According to Chopra, the brain is hardwired to know God. The human nervous system has seven biological responses that correspond to seven levels of divine experience. These are shaped not by any one religion (they are shared by all faiths), but by the brain's need to take an infinite, chaotic universe and find meaning in it. *How to Know God* describes the quest each of us is on, whether we realize it or not. For, as Chopra puts it, God is our highest instinct to know ourselves. This book makes a dramatic and enduring contribution to that knowledge.

**how to know god by deepak chopra: *The Essential How to Know God*** Deepak Chopra, M.D., 2007-10-30 You don't have to believe in God in order to experience God. --- Deepak Chopra The celebrated author of *Ageless Body, Timeless Mind* and *The Seven Spiritual Laws of Success* has written his most ambitious and important work yet, a runaway international bestseller that has inspired hundreds of thousands of readers to rethink their concept of God. According to Chopra, the brain is hardwired to know God. The human nervous system has seven biological responses that correspond to seven levels of divine experience. These are shaped not by any one religion (they are shared by all faiths), but by the brain's need to take an infinite, chaotic universe and find meaning in it. *How to Know God* describes the quest each of us is on, whether we realize it or not. For, as Chopra puts it, God is our highest instinct to know ourselves. This book makes a dramatic and enduring contribution to that knowledge.

**how to know god by deepak chopra: *How to Know God Discussion Guides*** M D Deepak Chopra, M D, 2001-02-01 Deepak Chopra has written his most ambitious and important work yet -- an exploration of the idea that everyone can have the direct experience of divinity. According to Chopra, the brain is hardwired to know God. The human nervous system has seven biological responses that correspond to seven levels of divine experience. These are shaped not by any one religion, but by the brain's need to take an infinite, chaotic universe and find meaning in it. As we make sense of the swirling quantum soup, we inevitably find the face of God. In this remarkable book Chopra shows us how. *How to Know God* is Chopra's writing at its very best, an internationally celebrated blend of philosophy and science applied to the greatest subject of all. This is what each of us quests for, whether we realize it or not. For, as Chopra writes, God is our highest instinct to know ourselves.

**how to know god by deepak chopra: *Raj Yoga*** Dr. Lake Singh, 2018-08-21 Every mortal creature is fraught with the fear of death. Even man thinks he shall disappear into the abyss of nothingness. But the Godheads all beg to differ: Krishna, Jesus, Buddha et al. They unequivocally declared death as the staircase to heaven. Raj yoga though confers upon man an even higher state of being: the consummate path of moksha or oneness with the Creator, which is what this sui generis or unprecedented text is all about. WE ARE ON THE CUSP OF A SPIRITUAL BREAKTHROUGH HERE Evidently, the Western world is familiar with only hatha yoga: a series of dexterous postures and breathing exercises designed to promote mens sana in corpore sano—a sound mind in a healthy body. However, there are other more laudable streams of yoga. Among them is raj or the kingly mega yoga, which espouses not only how one may win the heavens, but also be in sync and harmony with the Creator at the exigency or verge of death. In medical parlance, we see a rather striking similarity between birth and death. In birth, scientists have determined that two specialized germ cells fuse to give rise to life. As it happens at the beginning of life, why not at the end also—a process whereby the micro and macro souls precipitously merge and become one? In that case then, what will it profit a man if he gains the whole world but loses his own soul? The author introduces here testimonials, evidences and plausible yogic techniques that a devout practitioner may employ not only to save his soul but also transform fearsome death to an enlivened spiritual experience.

**how to know god by deepak chopra: *The Popular Encyclopedia of Apologetics*** Ed Hindson, Ergun Caner, 2008-05-01 The perfect combination of scholarship and accessible presentation for

Christians who desire to know how to better understand and defend their faith. Bestselling authors Ed Hindson and Ergun Caner have brought together a who's who of apologetic experts—including Lee Strobel, Norm Geisler, Josh McDowell, and John Ankerberg—to produce a resource that's both easy to understand and comprehensive in scope. Every entry provides a biblical perspective and mentions the key essentials that believers need to know about a wide variety of apologetic concerns, including... issues concerning God, Christ, and the Bible scientific and historical controversies ethical matters (genetic engineering, homosexuality, ecology, feminism) a Christian response to world religions and cults a Christian response to the major worldviews and philosophies of our day Included with each entry are practical applications for approaching or defending the issue at hand, along with recommendations for additional reading on the subject.

**how to know god by deepak chopra: *Images*** Daria Kathleen Sherman PhD, 2019-09-13 Life is a collage of passing experiences. Your thoughts are just one more category of things you experience. You observe your thoughts just as you observe other objects. No one really sees anything rather they see only their thoughts projected outward as images. Life is a mirror that reflects with pristine openness a timeless clarity. Everything is an image looking back at you reflecting your inner beliefs. This book is for the seeker. The one who desires to know more than their current realities presentations. Use this book as a guide and reference. Religions, Philosophies, and Sciences regarding Fundamental Unity confirming Hermetic principles on Mentalism and the Law of Attraction are discussed. An in depth study on the Holy Light revealed in various cultures is explored. The author then guides the reader beyond the limitations of the thinking mind into Conscious Awareness. At the same time, you recognize that you are an image passing through eternity.

**how to know god by deepak chopra: *The Art of Serenity*** T. Byram Karasu, 2003-02-20 We all face adversity, both man-made and natural. How do we survive the loss of a loved one, a betrayal, illness, even impending death, and still find meaning in our lives? Even a normal life can seem empty, in spite of material possessions, success, power, and pleasure. In our search for fulfillment and meaning, we work through our past and present conflicts, cuddle our inner child, and redesign our outer adult. We attend workshops on life and secular spirituality and explore the comforts of traditional religion. We get married and divorced, experiment with drugs and alcohol, change jobs. And while our restlessness and unease may abate temporarily, the hollow feeling that there is something missing always returns. In his profound and accessible work, *The Art of Serenity: The Path to a Joyful Life in the Best and Worst of Times*, Dr. T. Byram Karasu offers us the key to an extraordinary state of mind -- authentic, soulful happiness -- in the face of everything our life has to offer and take away. The door to this state of mind is opened by a combination of soul and spirit. It involves the soul through the love of others, love of work, and the love of community. It involves the spirit through belief in the sacred and belief in transformation. It culminates in the love of and belief in God. Brilliantly synthesizing psychology and spirituality, Dr. Karasu will guide you to explore the deepest yearnings of your heart. There is no end to the journey to real happiness; there is no best place to start or best time to begin. So where and when to start? Start here, where you are, and start now.

**how to know god by deepak chopra: *Writing the Sacred*** Ray McGinnis, 2005 In this unique book, Ray McGinnis offers us a new, deeper, and more meaningful way to explore and understand the Psalms. Vividly connecting us with the original psalm writers, McGinnis discusses the intent and meaning of the historical psalms, and then sets us on a path to creating our own sacred poetry. Explaining the various literary devices used, and the intention behind the various types of psalms, McGinnis leads us through sensory and poetic exercises designed to transform the reader into an inspired modern day psalmist

**how to know god by deepak chopra: *Destined Encounters*** Sury Pullat, 2014-09-19 Capt Suryanarayanan Pullat is a merchant mariner hailing from Kerala India having circumnavigated the globe during his very first voyage in '71. He swallowed anchor and settled in Chennai in '90 and is a Consultant, Broker and Arbitrator. In his debut novel *DESTINED ENCOUNTERS*, he traces spiritual

voyage of five characters Baig, Crised, Dastur, Ingrid and Risto who pass through the University of Realisation and their lives thereafter. Their trysts with destiny and each other at turning points in their lives and at particular cities in the world, offer ideas and answers for new generation to manoeuvre in troubled world held hostage by society, religion and politics.

**how to know god by deepak chopra: *The Key to Solomon's Key*** Lon Milo DuQuette, 2010-04 Sketching out a fascinating network of historic figures, cults, and Christendom, this book by an occult-studies expert and respected authority on magic and sorcery takes Western spiritual traditions seriously--but examines them with common sense and self-effacing humor. Working backward from the Freemasons to one of their original orders, the 14th-century Knights Templar, the account considers sorcery, heresy, and intrigues; explores the legend that the Knights possessed a powerful secret dangerous to the Church of Rome; and finds an essential clue to the order's practices in their connection to the biblical Solomon, king of Israel in the 10th century BC. This updated edition features new images, chapters on important symbols, and a new preface.

**how to know god by deepak chopra: *Math Mystic's Guide to Creative Spirituality*** Sarah Voss, 2024-04-04 The Math Mystic's Guide to Creative Spirituality is unique, provocative, engaging, and a masterpiece of philosophical and mystical exploration. It offers gourmet treats for those with spiritual hunger, a feast of innovative perspectives on building social collateral (trust, forgiveness, resilience . . .), and intellectual desserts for the mathematically inclined. User-friendly for the non-mathematician, the book also provides a smorgasbord of resources for those who want to know more about the math. Deeply personal but also scholarly, with an unprecedented use of mathematical metaphors, this book will appeal to mathematicians, scientists, teachers, philosophers, religious educators, and spiritual seekers of many persuasions. A math professor before becoming a Unitarian Universalist minister, the author has compiled herein a lifetime of creative study about the relationship between math and religion. She has pioneered ways to use mathematics to help clarify such spiritual ideas as God, fairness, equality, redemption, and the nature of things. In the process she coined the terms matheology and mathaphor, introduced the notion of math sermons, and has expanded the concept of moral math. This exciting collection of essays (with a little poetry as garnish) uses math as a language to nourish the spiritual heart of our global society.

**how to know god by deepak chopra: *MY PHILOSOPHY*** Adolfo Makuntima, 2014-02-19 This work consists of displaying some of the Essays I wrote during my studies in Theology. It is really intended to help some students to debate my points of view and appreciate my sense of criticism.

**how to know god by deepak chopra: *Wisdom of the (S)Ages*** Dr. Michael Bernard, 2024-04-02 During a forty-eight-year quest of personal and spiritual improvement after entering a recovery program, Dr. Michael Bernard read hundreds of books from every religion and philosophy possible. In this book, *Wisdom of the (S)Ages*, he has chosen thirty publications from thirty of the wisest speakers and writers he has encountered and intertwines their philosophy and beliefs with his to provide the reader with the best spiritual wisdom possible. Michael's hope is that this wisdom will provide insight and direction toward a more worthwhile and satisfying life and direct the reader to more wisdom from these thirty "sages." About the Author Seven years ago, Dr. Michael Bernard retired from a forty-six-year career in the private practice of orthodontics. He now teaches orthodontics parttime at Ohio State University and Seton Hill University and volunteers at Akron Children's Hospital, reading to the children. In the past, he taught 8th-graders Religious Education for thirty-five years at St. Paul's Church in North Canton, Ohio. Michael's hobbies are bike riding the local trails and kayaking in the lake he lives on. He travels frequently both in and out of the country, and he loves reading and writing. He has been in a program of recovery for 48 years along with two weekly Bible studies which has given him the quest for a higher spiritual understanding. Michael has four adult children, two in their fifties and two in their thirties (adopted), and one eighteen-month-old grandson.

**how to know god by deepak chopra: *Empowered Living*** Antoinette Levine, 2012-05-25 "Antoinette has written a very readable book of extraordinary insight and creative expression about the seven human levels of spiritual awakening and growth. Following this book's journey from

healthy ego development to soul dominance will lead you Home.” Jacquelyn Small author of *Awakening in Time*, *Becoming A Practical Mystic*, and *The Sacred Purpose of Being Human* Let this Life-Guide Handbook Rekindle Your Heart’s Wisdom · Reframe “Old Ways of Thinking” into Powerful Perspectives · Reduce Stress and Simplify Your Life · Embrace Living as a Creative Process · Realize the Inner-Outer Reality Connection · Manifest the Life You Want Antoinette Levine writes an intimate and stunning tale of return from near-death and her recovery from the ravages of strokes and lupus. Interwoven with her personal story is a lifetime of knowledge gained through immersion in the study of spiritual metaphysics and self development. The author experienced success as a dean’s list student of psychology and journalism, later an accomplished film industry professional. Inspirational messages offered in seven guided stages reflect Antoinette’s cumulative experience. Artful teachings of our life processes draw upon the chakra system as a template for transformation and self-growth. This book invites you to discover inner peace, wisdom and the freedom that living in alignment with Source brings. Explore the depths of your soul with self-inquiry exercises and distill what works for you. Rise up and rediscover your life purpose and the gifts you came to share. “We all possess an innate strength to face challenges and thrive beyond adversity. Reclaim your Inner Power joyfully, utilizing this book as your guide. As you experience inner clearing work and remember Who You Really Are, uncaused joy awakens. Joy is our divine right. I staked my life on this Truth and returned to live and share it!”

**how to know god by deepak chopra: The Encyclopedia of God** Constance Victoria Briggs, 2025-09-12 Now That God Is Popular Again, What Do People Say About Him? Interest in the nature of the Supreme Being is growing again, especially among people who had turned away from conventional religious approaches. God is in again, but what do we know about him? In this remarkable reference work, Constance Victoria Briggs, author of the popular *The Encyclopedia of Angels*, offers a stimulating and inspiring review of the thoughts of hundreds of scholars, religious authorities, mystics, writers, saints, prophets, philosophers, poets—even celebrities—on the nature of God. Although we can't question God, we can evaluate the information contained in these sources and draw our own conclusions about who and what God is, she says. It's my desire to portray God as a multi-faceted spiritual entity whose characteristics have shaped our lives since the dawn of mankind. In a highly accessible A-Z format, Briggs presents hundreds of short informative entries from diverse traditions and beliefs. From Arabot, the Seventh Heaven in Judaic lore, to Thomas Jefferson's beliefs in God, from Brahma, Hinduism's chief deity, to Mulungu, the Supreme Being in some East African beliefs—you'll find it all in this revealing tour through the world's beliefs. Among the riches in *The Encyclopedia of God*, you'll find a chronicle of the acts of God, past and future; God's relationship with the saints, prophets, and other holy men and women; God's relationship with the angels; the beliefs about God of world religions and ancient cultures; and new age thoughts on God. All entries are meticulously cross-referenced to give you quick access to related topics.

**how to know god by deepak chopra: Beyond Belief** Robert P. Vande Kappelle, 2012-09-17 The current age marks the transition from modernity to postmodernity, a period as impactful to the Western sensibility as any previous era. The role of religion and the future of Christianity are at stake. At this time of transition, many thoughtful individuals find themselves at a quandary, having reached a critical stage in their spiritual journey. Prompted by academia, science, reason, culture, and their own experience, they feel compelled to choose between the beliefs they inherited as children and the claims of science, reason, pluralism, and secularism. *Beyond Belief* suggests that one need not take an either/or approach on these issues; there is a better way, one that embraces adventure and ambiguity, science and religion, reason and faith, evolution and creation, and finds ways to live creatively with realities for which there are no easy explanations. Building on a paradigmatic journey of faith that involves three stages (precritical, critical, and postcritical understanding), *Beyond Belief* describes the quest for God and for authentic faith in the twenty-first century. The key point for this understanding is to replace belief with faith, acknowledging that belief in doctrines is not central, since they are themselves unprovable. This new theological perspective requires rethinking many of our cherished doctrines, including our understanding of

God, Jesus, Scripture, prayer, miracles, and revelation.

**how to know god by deepak chopra:** *Divided Desire* Kenny Damara, 2013-12-17 Can your ultimate desire ever be fulfilled? Everywhere you look, every time you listen, with each click and tap, there's something you desire. How do you know if what you desire will satisfy, or if you are seeing a desire mirage? The global village presents countless ways to connect to all kinds of information. We think we can scarcely live without these connections. Do we realize, however, that these connections often block or slow down connections to God, self, and others? *Divided Desire* is a journey along the road of desire--a road everyone travels. Along the journey, Kenny Damara explores why we desire what we desire in the global village today. What role does God have in fulfilling the ultimate desire of the heart? And how should we respond?

**how to know god by deepak chopra:** *Light from the Other Side* Jay Harold Ellens, 2011-01-01 This volume presents the narrative of the author's personal spiritual journey, which is marked by numerous constructive life-changing paranormal experiences that can only be accounted for as special initiates of the divine spirit providing intimations and illuminations. These events are set in the context of the rich literature available, which reports similar events in the lives of many other persons, under both normal and extreme circumstances. The author, a clinical psychologist and pastoral theologian, interprets this broad panoply of psycho-spiritual data in terms of psychological science and biblical perspectives. He concludes that the divine spirit is pervasive throughout the universe and present in all the dynamics of life forms, constantly endeavoring to communicate with humans. Thus, the paranormal may well be more normal than the normal human experience and the veil between time and eternity, between the mundane and transcendent worlds, and between life and the life to come is apparently more permeable in both directions than we suppose.

**how to know god by deepak chopra:** *Divine Radiance - on the Road with the Masters of Magic* Jasmuheen, 2009-01-04 Jasmuheen's sixteenth book, 'DIVINE RADIANCE : On the Road with the Masters of Magic', describes her life with, and the modern day teachings of, these amazing beings. She writes: Somehow in the course of my life I have been blessed with both witnessing and experiencing pure Divine Radiance. When the Radiance reveals Itself we are captured by Its Splendor as we intuitively recognize Its power. It has taken me decades to discover how when Its illumination enters our energy field, our bodies become irradiated by a laser beam of such perfect sustenance that all our appetites are fulfilled. This book is my attempt to describe Its delights.

**how to know god by deepak chopra:** *The KODA Religion* Ama K. H. Tokan, 2025-07-10 The 'KODA Religion' embodies the esteemed teachings of the Lamaholot ancestors, centered on the belief in Alapet Rera Wulan Tana Ekan (the Divine). This indigenous faith system elucidates the intricate relationships between humanity and the Divine, among individuals, and between humanity and the entire cosmos and its contents. This ancient and unique belief system is adhered to by the Ata Lamaholot people and has been passed down through generations via koda. These oral traditions consist of sequences of words and sentences that convey messages and profound wisdom. Consequently, the Lamaholot community lives by the principle of 'moripet di koda, matanet di koda', signifying that their lives and deaths are intrinsically guided by the koda.

## Related to how to know god by deepak chopra

**Feed | Knowt** Hi, there, I'm new to Knowt because my beloved Quizlet can't be used anymore in my district due to privacy something-or-other. □ Andrea Pinto □ CHSD 230, Amos Alonzo Stagg High School,

**How to import flashcards from Quizlet to Knowt** Looking for a way to import flashcard sets from Quizlet? We'll give you two!

**Welcome to Knowt! | Knowt Help Center** Find answers to all of your questions here in the Help Center

**Student's Guide to Getting Started | Knowt Help Center** Welcome to Knowt! We put together this one-stop article with everything you need to begin studying on Knowt

**Knowt Help Center** Knowt Help CenterWelcome to Knowt! Find answers from the Knowt Team

here

**How can I buy a subscription? | Knowt Help Center** Note: Interested in joining our FREE 6-month pilot program if you're a school or district administrator? You can get unlimited licenses for your students and teachers, completely free,

**Knowt - Signin** Sign in to access Knowt's features for creating, studying, and discovering flashcards and notes for all subjects and exams

**Account | Knowt Help Center** Why does Knowt want to protect your students' privacy for free, and how are we doing it?

**Flashcards | Knowt Help Center** How to add accents or math symbols to your flashcards

**How can I use AI to write my notes? | Knowt Help Center** Knowt AI makes writing notes easier than ever with the "Chat with Kai" feature. Try it out for yourself and see!

**Feed | Knowt** Hi, there, I'm new to Knowt because my beloved Quizlet can't be used anymore in my district due to privacy something-or-other. □ Andrea Pinto □ CHSD 230, Amos Alonzo Stagg High School,

**How to import flashcards from Quizlet to Knowt** Looking for a way to import flashcard sets from Quizlet? We'll give you two!

**Welcome to Knowt! | Knowt Help Center** Find answers to all of your questions here in the Help Center

**Student's Guide to Getting Started | Knowt Help Center** Welcome to Knowt! We put together this one-stop article with everything you need to begin studying on Knowt

**Knowt Help Center** Knowt Help CenterWelcome to Knowt! Find answers from the Knowt Team here

**How can I buy a subscription? | Knowt Help Center** Note: Interested in joining our FREE 6-month pilot program if you're a school or district administrator? You can get unlimited licenses for your students and teachers, completely free,

**Knowt - Signin** Sign in to access Knowt's features for creating, studying, and discovering flashcards and notes for all subjects and exams

**Account | Knowt Help Center** Why does Knowt want to protect your students' privacy for free, and how are we doing it?

**Flashcards | Knowt Help Center** How to add accents or math symbols to your flashcards

**How can I use AI to write my notes? | Knowt Help Center** Knowt AI makes writing notes easier than ever with the "Chat with Kai" feature. Try it out for yourself and see!

**Feed | Knowt** Hi, there, I'm new to Knowt because my beloved Quizlet can't be used anymore in my district due to privacy something-or-other. □ Andrea Pinto □ CHSD 230, Amos Alonzo Stagg High

**How to import flashcards from Quizlet to Knowt** Looking for a way to import flashcard sets from Quizlet? We'll give you two!

**Welcome to Knowt! | Knowt Help Center** Find answers to all of your questions here in the Help Center

**Student's Guide to Getting Started | Knowt Help Center** Welcome to Knowt! We put together this one-stop article with everything you need to begin studying on Knowt

**Knowt Help Center** Knowt Help CenterWelcome to Knowt! Find answers from the Knowt Team here

**How can I buy a subscription? | Knowt Help Center** Note: Interested in joining our FREE 6-month pilot program if you're a school or district administrator? You can get unlimited licenses for your students and teachers, completely free,

**Knowt - Signin** Sign in to access Knowt's features for creating, studying, and discovering flashcards and notes for all subjects and exams

**Account | Knowt Help Center** Why does Knowt want to protect your students' privacy for free, and how are we doing it?

**Flashcards | Knowt Help Center** How to add accents or math symbols to your flashcards

**How can I use AI to write my notes? | Knowt Help Center** Knowt AI makes writing notes easier

than ever with the "Chat with Kai" feature. Try it out for yourself and see!

**Feed | Knowt** Hi, there, I'm new to Knowt because my beloved Quizlet can't be used anymore in my district due to privacy something-or-other. □ Andrea Pinto □ CHSD 230, Amos Alonzo Stagg High

**How to import flashcards from Quizlet to Knowt** Looking for a way to import flashcard sets from Quizlet? We'll give you two!

**Welcome to Knowt! | Knowt Help Center** Find answers to all of your questions here in the Help Center

**Student's Guide to Getting Started | Knowt Help Center** Welcome to Knowt! We put together this one-stop article with everything you need to begin studying on Knowt

**Knowt Help Center** Knowt Help CenterWelcome to Knowt! Find answers from the Knowt Team here

**How can I buy a subscription? | Knowt Help Center** Note: Interested in joining our FREE 6-month pilot program if you're a school or district administrator? You can get unlimited licenses for your students and teachers, completely free,

**Knowt - Signin** Sign in to access Knowt's features for creating, studying, and discovering flashcards and notes for all subjects and exams

**Account | Knowt Help Center** Why does Knowt want to protect your students' privacy for free, and how are we doing it?

**Flashcards | Knowt Help Center** How to add accents or math symbols to your flashcards

**How can I use AI to write my notes? | Knowt Help Center** Knowt AI makes writing notes easier than ever with the "Chat with Kai" feature. Try it out for yourself and see!

**Feed | Knowt** Hi, there, I'm new to Knowt because my beloved Quizlet can't be used anymore in my district due to privacy something-or-other. □ Andrea Pinto □ CHSD 230, Amos Alonzo Stagg High

**How to import flashcards from Quizlet to Knowt** Looking for a way to import flashcard sets from Quizlet? We'll give you two!

**Welcome to Knowt! | Knowt Help Center** Find answers to all of your questions here in the Help Center

**Student's Guide to Getting Started | Knowt Help Center** Welcome to Knowt! We put together this one-stop article with everything you need to begin studying on Knowt

**Knowt Help Center** Knowt Help CenterWelcome to Knowt! Find answers from the Knowt Team here

**How can I buy a subscription? | Knowt Help Center** Note: Interested in joining our FREE 6-month pilot program if you're a school or district administrator? You can get unlimited licenses for your students and teachers, completely free,

**Knowt - Signin** Sign in to access Knowt's features for creating, studying, and discovering flashcards and notes for all subjects and exams

**Account | Knowt Help Center** Why does Knowt want to protect your students' privacy for free, and how are we doing it?

**Flashcards | Knowt Help Center** How to add accents or math symbols to your flashcards

**How can I use AI to write my notes? | Knowt Help Center** Knowt AI makes writing notes easier than ever with the "Chat with Kai" feature. Try it out for yourself and see!

## **Related to how to know god by deepak chopra**

**How to Know God** (Moviefone18y) Retired physician-turned-spiritualist Deepak Chopra launches a thought-provoking investigation into the "soul's journey into the mystery of mysteries" in this visual adaptation of his book by the same

**How to Know God** (Moviefone18y) Retired physician-turned-spiritualist Deepak Chopra launches a thought-provoking investigation into the "soul's journey into the mystery of mysteries" in this visual adaptation of his book by the same



## Related Articles

- [beyond the elements life answer key](#)
- [application security and development security technical implementation guide](#)
- [customer success manager interview questions with answers](#)

[Back to Home](#)