

dr mary neal to heaven and back

Dr Mary Neal to Heaven and Back: A Journey Beyond the Ordinary

dr mary neal to heaven and back is a story that captures the imagination and touches the soul. It's a tale of near-death experience, spiritual awakening, and profound transformation that has intrigued countless people worldwide. Dr. Mary Neal, an orthopedic spine surgeon, shares her extraordinary journey of what she encountered after a fatal kayaking accident and how it reshaped her understanding of life, death, and the afterlife. Her story is not just about survival but also about the incredible insights she gained from her time "beyond."

Who is Dr. Mary Neal?

Before diving into the fascinating details of Dr Mary Neal's experience, it's important to understand who she is. Dr. Neal is a highly respected orthopedic surgeon specializing in spine surgery. Her medical background and scientific mindset make her near-death experience (NDE) all the more compelling. As a person grounded in evidence-based medicine, her account challenges the purely materialistic views of life and invites readers to explore the mysteries of consciousness and spirituality.

Her Medical Career and Passion

Dr. Neal's career has been marked by dedication to helping others regain mobility and improve their quality of life. She is known for her compassionate approach and has worked extensively in the medical field, treating patients with complex spinal conditions. Her love for adventure and the outdoors also led her to be an avid kayaker, which ultimately played a pivotal role in her near-death experience.

The Life-Changing Kayaking Accident

The core of Dr Mary Neal to heaven and back is rooted in a tragic yet transformative event. While kayaking alone in Chile's remote Futaleufú River, Dr. Neal suffered a severe accident that left her submerged underwater for several minutes. During this time, she experienced clinical death, but what followed was an extraordinary journey beyond the physical realm.

The Near-Death Experience Explained

Many people who have had NDEs describe similar elements such as moving through a tunnel, meeting spiritual beings, or experiencing overwhelming love and peace. Dr. Neal's experience included vivid encounters with spiritual guides, a sense of timelessness, and receiving messages about her life's purpose. Unlike many other NDE stories, she also described the presence of a "heavenly" realm that was tangible and real to her consciousness.

How She Was Rescued

Despite being underwater for what seemed like an eternity, rescuers managed to revive Dr. Neal. Her survival was deemed medically miraculous. However, the physical injuries she sustained required months of recovery, during which she also processed the profound spiritual insights she had received. This experience marked the beginning of a new chapter in her life.

Insights from Dr Mary Neal to Heaven and Back

Dr. Neal's story is rich with spiritual lessons and revelations that resonate deeply with people interested in life after death, consciousness, and healing. Her experience offers a unique blend of scientific analysis and spiritual wisdom.

The Nature of the Afterlife

One of the most compelling aspects of Dr Mary Neal to heaven and back is her description of the afterlife. Contrary to some traditional depictions, she describes it as a realm filled with unconditional love, light, and a sense of interconnectedness. She also emphasized that this realm is not bound by time or physical limitations, providing a glimpse into what many consider the soul's true home.

Messages About Life Purpose and Healing

During her time in the spiritual realm, Dr. Neal received clear messages about the importance of love, forgiveness, and service. She was told that healing extends beyond the physical body to the soul and relationships. This insight inspired her to integrate a more holistic approach into her medical practice and personal life.

The Impact of Dr Mary Neal's Story on Spirituality and Medicine

Dr Mary Neal to heaven and back has influenced both the spiritual community and the medical field. Her account bridges the gap between science and spirituality, encouraging open-mindedness and compassion in understanding human experiences.

Encouraging Open Dialogue About Near-Death Experiences

Historically, near-death experiences were often dismissed or misunderstood. Dr. Neal's credibility as a medical professional helps legitimize these experiences, encouraging more research and discussion. Her story invites healthcare providers to consider patients' spiritual needs and the profound effects such experiences can have on healing and recovery.

Inspiring Personal Transformation and Healing

Many readers find inspiration in Dr. Neal's journey to embrace life more fully and prioritize inner peace. Her story underscores that confronting mortality can lead to profound personal growth and a deeper appreciation for the present moment.

Books and Resources by Dr. Mary Neal

For those interested in exploring Dr Mary Neal to heaven and back in greater detail, her book **To Heaven and Back** is a must-read. In it, she narrates her accident, near-death experience, and the spiritual lessons she gathered with heartfelt honesty and clarity.

Complementary Works and Talks

Aside from her book, Dr. Neal has participated in numerous interviews, podcasts, and conferences discussing near-death experiences and spirituality. These resources provide additional insights and allow audiences to engage with her story on a deeper level.

How to Approach Dr. Neal's Story with an Open Mind

If you're new to near-death experiences or spiritual awakening stories, approaching Dr. Neal's journey with curiosity rather than skepticism can enrich your understanding. Whether you believe in the afterlife or not, her narrative challenges us to think beyond the physical world and consider the mysteries of consciousness.

Lessons We Can Learn from Dr Mary Neal to Heaven and Back

Dr. Neal's journey offers practical and spiritual lessons that anyone can apply in daily life.

- **Value Every Moment:** Knowing how precious life is encourages us to live with intention and gratitude.
- **Embrace Healing:** Healing is not just physical but also emotional and spiritual, requiring a holistic approach.
- **Open Your Heart:** Experiencing unconditional love during her NDE inspired Dr. Neal to cultivate compassion and forgiveness.
- **Stay Curious:** Science and spirituality can coexist, and exploring both can lead to a richer understanding of existence.

Sharing stories like Dr Mary Neal to heaven and back invites us to ponder the big questions about life, death, and what might lie beyond. It reminds us that sometimes, extraordinary experiences can come from the most unexpected moments.

Frequently Asked Questions

Who is Dr. Mary Neal?

Dr. Mary Neal is an orthopedic spine surgeon who is best known for her near-death experience recounted in her book 'To Heaven and Back.'

What is the book 'To Heaven and Back' about?

The book 'To Heaven and Back' is Dr. Mary Neal's personal account of her near-death experience after a kayaking accident, where she describes visiting

heaven and encountering spiritual beings before returning to life.

How did Dr. Mary Neal have her near-death experience?

Dr. Mary Neal had her near-death experience following a kayaking accident in Chile, where she was trapped underwater for several minutes before being rescued.

What are some key messages from Dr. Mary Neal's experience in 'To Heaven and Back'?

Key messages include the existence of an afterlife, the importance of forgiveness, unconditional love, and the idea that life continues beyond physical death.

Has Dr. Mary Neal's story been scientifically verified?

While Dr. Mary Neal's experience is deeply personal and spiritual, near-death experiences like hers are difficult to scientifically verify, though many researchers study such phenomena.

What impact has 'To Heaven and Back' had on readers?

The book has inspired many readers to reconsider their views on life, death, and spirituality, providing comfort and hope about the afterlife.

Are there any follow-up works by Dr. Mary Neal related to her near-death experience?

Yes, Dr. Mary Neal has written additional books and spoken publicly about her experience, further exploring themes of healing, spiritual growth, and the afterlife.

Additional Resources

****Dr Mary Neal to Heaven and Back: An Investigative Review of a Near-Death Experience****

dr mary neal to heaven and back is a phrase that has captured the attention of readers and researchers interested in near-death experiences (NDEs), spiritual journeys, and the intersection of science and faith. Dr. Mary Neal, an orthopedic surgeon, gained widespread recognition after publicly sharing her remarkable story of surviving a kayaking accident, experiencing what she describes as a journey to heaven, and then returning to life with profound

insights. This article examines the narrative, its implications, and the broader context of near-death experiences through a professional and analytical lens.

The Story of Dr. Mary Neal: An Overview

Dr. Mary Neal's account begins with a tragic yet miraculous event. While kayaking in Chile in 1999, she was trapped underwater for an extended period after her kayak capsized. Declared clinically dead for nearly 30 minutes, Dr. Neal recounts an extraordinary experience beyond ordinary perception—she describes meeting spiritual beings, gaining knowledge of the afterlife, and feeling an overwhelming sense of peace and love.

Her book, **To Heaven and Back**, offers a detailed narrative of this experience and explores how it transformed her understanding of life, death, and spirituality. Distinct from many other NDE accounts, Dr. Neal's story is grounded in her scientific background, which adds a unique dimension to her testimony.

Analyzing the Near-Death Experience of Dr. Mary Neal

Dr. Mary Neal's near-death experience embodies several common elements reported in NDE studies while also presenting unique features that provoke further investigation.

Common Elements in NDEs

Many individuals who have had near-death experiences report:

- A sense of leaving the body or an out-of-body experience (OBE)
- Encountering bright light or a tunnel
- Meeting spiritual beings or deceased loved ones
- A feeling of unconditional love and peace
- Life review or gaining insights about their existence

Dr. Neal's experience aligns with these characteristics, particularly the

sensation of peace, encounters with spiritual guides, and a transformative understanding of life's purpose.

Distinctive Features in Dr. Neal's Account

What sets Dr. Neal's story apart is her medical expertise and the clinical context of her experience. As an orthopedic surgeon, she approached her NDE with a scientific mindset, initially skeptical but open to the implications of what she underwent. Her detailed recollection of medical events during her clinical death, combined with her vivid descriptions of the spiritual realm, offers a compelling case study.

Additionally, her narrative includes specific spiritual teachings she claims to have received, such as the idea that souls exist before birth and continue after death, and that love transcends all physical boundaries. These elements contribute to a broader theological and philosophical discussion on life after death.

Scientific and Psychological Perspectives

The scientific community remains divided on the interpretation of near-death experiences. Many researchers attribute NDEs to physiological and neurological responses during critical trauma, such as hypoxia (lack of oxygen), brain activity during cardiac arrest, or the release of endorphins.

Physiological Explanations

Studies suggest that the brain under extreme stress may produce hallucinations or vivid dreams that mimic the sensations reported in NDEs. For instance:

- Temporal lobe seizures can cause out-of-body sensations and spiritual visions.
- The brain's response to oxygen deprivation may trigger tunnel vision and bright lights.
- Neurochemical releases may generate feelings of euphoria and detachment.

From this angle, Dr. Neal's experience could be understood as the brain's coping mechanism during trauma.

Psychological and Cultural Factors

Cultural background and personal beliefs often shape the content of NDEs. Dr. Neal's Christian faith is evident in her interpretation of the experience, including the presence of Jesus Christ and biblical themes. Critics argue that these elements might reflect subconscious expectations rather than objective realities.

Arguments for a Spiritual Interpretation

Conversely, proponents of the spiritual or metaphysical explanation highlight the consistency of NDE accounts across cultures and religions, suggesting an inherent truth beyond physical explanation. Dr. Neal's experience, with its profound impact on her worldview and practice, is frequently cited in support of this perspective.

Impact and Reception of "To Heaven and Back"

Since its publication, *To Heaven and Back* has resonated with a diverse audience—spiritual seekers, medical professionals, and skeptics alike. The book's popularity underscores a public fascination with life after death and the mystery of consciousness.

Professional and Public Reactions

Medical professionals have shown mixed reactions. Some praise Dr. Neal for bringing a credible voice to discussions often relegated to the fringe, while others remain cautious, emphasizing the need for rigorous scientific validation.

Among readers, the book has inspired hope and reassurance about the afterlife, as well as critical discussions on how science and spirituality can coexist.

Comparison with Other NDE Narratives

Dr. Neal's account is often compared with other well-documented NDE stories, such as those of Dr. Eben Alexander or Anita Moorjani. Unlike some experiences that are more ambiguous, Dr. Neal's narrative is notable for its clarity and the integration of her medical knowledge.

Dr Mary Neal to Heaven and Back: Broader Implications

The story of Dr. Mary Neal invites deeper reflection on several fronts:

- **Medical Ethics and End-of-Life Care:** Understanding NDEs might influence how medical practitioners approach patients near death, emphasizing compassion and holistic care.
- **Interdisciplinary Research:** The intersection of neuroscience, psychology, theology, and philosophy highlights the need for multidisciplinary studies on consciousness.
- **Public Perception of Death:** Personal testimonies like Dr. Neal's challenge societal taboos and fears surrounding death, opening avenues for dialogue.

Her experience also raises questions about the limits of scientific explanation and the potential for unexplored dimensions of human existence.

Criticisms and Limitations

While compelling, Dr. Neal's narrative faces scrutiny typical of NDE accounts. Skeptics point to the subjective nature of the experience and the difficulty in verifying supernatural claims. The reliance on personal testimony, despite medical context, limits empirical validation.

Moreover, the influence of cultural and religious background on interpretation cannot be overlooked, potentially biasing the narrative.

Conclusion: A Story That Transcends Boundaries

Dr. Mary Neal to heaven and back is more than a captivating story; it is a case study that bridges medicine, spirituality, and human experience. Her testimony contributes significantly to the ongoing discourse on what lies beyond death and how near-death experiences might reveal aspects of consciousness that defy conventional understanding.

Whether viewed through the lens of science or faith, Dr. Neal's journey challenges readers to reconsider preconceived notions about life, death, and the possibility of an afterlife—making it a subject worthy of thoughtful examination and continued research.

Dr Mary Neal To Heaven And Back

dr mary neal to heaven and back: To Heaven and Back Mary C Neal, 2012-10-01 A doctor's account of her own experience of death, heaven and return to life with a new realization of her purpose on earth. Dr Mary Neal, an orthopaedic surgeon, was on a kayaking holiday in Chile. Sceptical of near death experiences, she was to have her life transformed when her kayak became wedged in rocks at the bottom of a waterfall and was underwater for so long that her heart stopped. To Heaven And Back is Mary's faith-enriching story of her spiritual journey, her first-hand experience of heaven and its continuing life-enhancing effects.

dr mary neal to heaven and back: To Heaven and Back Mary C. Neal, M.D., 2012-06-19 #1 NEW YORK TIMES BESTSELLER • One million copies sold! Dr. Mary Neal (featured in the Netflix original series *Surviving Death*) tells the incredible story of the kayak accident during a South American adventure that took her to heaven—where she experienced God's peace, joy, and angels—and back to life again. In 1999 in the Los Rios region of southern Chile, orthopedic surgeon, devoted wife, and loving mother Dr. Mary Neal drowned in a kayak accident. While cascading down a waterfall, her kayak became pinned at the bottom and she was immediately and completely submerged. Despite the rescue efforts of her companions, Mary was underwater for too long, and as a result, died. To Heaven and Back is Mary's remarkable story of her life's spiritual journey and what happened as she moved from life to death to eternal life, and back again. Detailing her feelings and surroundings in heaven, her communication with angels, and her deep sense of sadness when she realized it wasn't her time, Mary shares the captivating experience of her modern-day miracle. Mary's life has been forever changed by her newfound understanding of her purpose on earth, her awareness of God, her closer relationship with Jesus, and her personal spiritual journey suddenly enhanced by a first-hand experience in heaven. To Heaven and Back will reacquaint you with the hope, wonder, and promise of heaven, while enriching your own faith and walk with God.

dr mary neal to heaven and back: 7 Lessons from Heaven Mary C. Neal, M.D., 2017-09-19 NEW YORK TIMES BESTSELLER • In this inspired follow-up to the million-copy bestseller *To Heaven and Back*, Dr. Mary Neal (featured in the Netflix original series *Surviving Death*) shares untold stories about her encounters with Jesus and powerful insights about how the reality of heaven can make each day magnificent. "If you want practical ways to bring more of Heaven into your life today, Dr. Neal shows how."—John Burke, pastor and author of New York Times bestseller *Imagine Heaven* Dr. Mary Neal's unforgettable account of the Chilean kayaking accident that took her life and sent her on a journey to heaven and back riveted millions of readers. But as she shared her story with audiences throughout the world, Dr. Neal realized she had more to tell, especially on the biggest questions, such as how does her story help others? And how does knowing that heaven is real change our lives here on Earth? In *7 Lessons from Heaven*, Dr. Neal takes readers deeper into her experience, which included meeting Jesus face-to-face, encounters with angels, and a journey to a "city of light." She digs into important findings about the physiology of drowning, and shares why—from the perspective of heaven—we can know that beauty blossoms from even our greatest losses. Then she shows how each of us can personally experience God's presence, develop an absolute trust in the truth of God's promises, and learn how to live joyfully every day.

dr mary neal to heaven and back: To Heaven and Back Mary C. Neal M. D., Mary C. Neal, 2011-11 Is there life after death? Is God real? Is there sufficient reason to live by faith? Dr. Mary Neal's walk with God has been both ordinary and extraordinary, brimming with the gift and privilege of being touched by God in visible and very tangible ways. She is a practicing orthopaedic surgeon, a wife, and a mother who has experienced joy as well as great sorrow and death. She experienced life after death and, despite her scientific training, she believes the answer to each one of these questions is a definitive yes. She drowned on a South American river and went to Heaven. She conversed with angels. She returned to Earth, in part, to tell her story to others and help them find their way back to God. In this book, Dr. Neal shares the captivating details of her life in which she

has experienced not just one miracle, but many. Her story is both compelling and thought provoking. Her experiences provide confirmation that miracles still occur, shows how God keeps His promises and why there is sufficient reason to live by faith. Dr. Neal's message is fundamentally one of hope.

dr mary neal to heaven and back: WHAT I BROUGHT BACK FROM HEAVEN MARY C. NEAL (M. D.), 2017

dr mary neal to heaven and back: Summary: 7 Lessons from Heaven Readtrepreneur Publishing, 2017-12-11 7 Lessons from Heaven: How Dying Taught Me to Live a Joy-Filled Life by Mary C. Neal M.D. | Book Summary | Readtrepreneur (Disclaimer: This is NOT the original book. If you're looking for the original book, search this link: <http://amzn.to/2iYbiZ9>) What happens when you die? Dr. Mary Neal went to heaven and came back with a profound experience and many lessons to share. After dying in a kayaking accident in 1999, Dr. Mary Neal realized that heaven is real. She shares what it is like to meet Jesus and angels, and most of all, how this experience has impacted her life after she came back. (Note: This summary is wholly written and published by readtrepreneur.com It is not affiliated with the original author in any way) Even when we are frustrated by our inability to understand a circumstance or event, there are unseen angels bringing comfort and protection as directed by the wisdom of God. - Mary C. Neal Inspiring and powerful, 7 Lessons from Heaven is a book meant for believers. Combining both spiritual and medical aspects, the lessons to be learnt are practical and can be life-changing. In this book, Dr. Mary Neal answers the biggest question of all: How does knowing heaven is real change our lives on Earth? P.S. Gain a different perspective towards life as you learn from an experience that you have yet to experience yourself. Be inspired and begin living without anxiety, fear, regret or worry. The Time for Thinking is Over! Time for Action! Scroll Up Now and Click on the Buy now with 1-Click Button to Get your Copy Delivered Right Away! Why Choose Us, Readtrepreneur? Highest Quality Summaries Delivers Amazing Knowledge Awesome Refresher Clear And Concise Disclaimer Once Again: This book is meant for a great companionship of the original book or to simply get the gist of the original book. If you're looking for the original book, search for this link: <http://amzn.to/2iYbiZ9>

dr mary neal to heaven and back: Summary of 7 Lessons from Heaven Readtrepreneur Publishing, 2019-05-24 What happens when you die? Dr. Mary Neal went to heaven and came back with a profound experience and many lessons to share. After dying in a kayaking accident in 1999, Dr. Mary Neal realized that heaven is real. She shares what it is like to meet Jesus and angels, and most of all, how this experience has impacted her life after she came back.

dr mary neal to heaven and back: Imagine Heaven John Burke, 2015-10-13 It's obvious from the bookshelves and the big screen that heaven is on everyone's mind. All of us long to know what life after death will be like. Bestselling author John Burke is no exception. For decades, he has been studying accounts of people who have had near-death experiences (NDEs). While not every detail of individual NDEs correlate with Scripture, Burke shows how the common experiences shared by thousands of survivors clearly point to the God of the Bible and the exhilarating picture of heaven he promises. Imagine Heaven is an inspirational journey through the Bible's picture of heaven, colored in with the real-life stories of heaven's wonders. Burke compares gripping stories of NDEs to what Scripture says about our biggest questions of heaven: Will I be myself? Will I see friends and loved ones? What will it look like? What is God like? What will we do forever? What about children and pets? This book will propel readers into an experience that will forever change their view of the life to come and the way they live life today. It also tackles the tough questions of heavenly reward and hellish NDEs. Anyone interested in NDEs or longing to imagine heaven more clearly will enjoy this fascinating and hope-filled book.

dr mary neal to heaven and back: *The Afterlife in Popular Culture* Kevin O'Neill, 2022-06-17 *The Afterlife in Popular Culture: Heaven, Hell, and the Underworld in the American Imagination* gives students a fresh look at how Americans view the afterlife, helping readers understand how it's depicted in popular culture. What happens to us when we die? The book seeks to explore how that question has been answered in American popular culture. It begins with five framing essays that provide historical and intellectual background on ideas about the afterlife in Western culture. These

essays are followed by more than 100 entries, each focusing on specific cultural products or authors that feature the afterlife front and center. Entry topics include novels, film, television shows, plays, works of nonfiction, graphic novels, and more, all of which address some aspect of what may await us after our passing. This book is unique in marrying a historical overview of the afterlife with detailed analyses of particular cultural products, such as films and novels. In addition, it covers these topics in nonspecialist language, written with a student audience in mind. The book provides historical context for contemporary depictions of the afterlife addressed in the entries, which deal specifically with work produced in the 20th and 21st centuries.

dr mary neal to heaven and back: Imagine Heaven Devotional John Burke, Kathy Burke, 2018-07-31 In 2015, John Burke's *Imagine Heaven* took the book world by storm, landing on the New York Times bestseller list and selling more than half a million copies. Its exhilarating picture of heaven, drawn from Scripture and illustrated with true stories of near-death experiences, enthralled readers and offered real-life evidence that supported their faith and answered some of their most pressing questions about life after death. Scripture tells us to Think about the things of heaven, not the things of earth (Col. 3:2). Now readers can meditate daily on the realities of heaven with the *Imagine Heaven Devotional*. Each of the 100 devotions includes near-death stories from the bestselling book, Scripture, a prayer, as well as brand new stories and content that helps readers apply these heavenly promises to how they live life today.

dr mary neal to heaven and back: I Believe in Heaven Cecil Murphey, Twila Belk, 2013-05-31 What is heaven like? When I die, will I go immediately to heaven? Will I see my loved ones there? Have you ever asked these questions? Maybe you can only imagine the answers, but now you can better know what to expect. *I Believe in Heaven* contains inspirational, true stories from the Bible, history and today that will give you hope, comfort and assurance about the place that awaits you. You'll read . . . • Firsthand accounts of people who died and returned to tell their stories • Biblical and historical evidence of life beyond this life • Consistent reports of overwhelming peace, love and joy in another realm • Insights into what happens in our final days and hours here on earth • Trustworthy answers to questions people have about the after-life

dr mary neal to heaven and back: I Pray the Lord My Soul to Keep Edward Vaughn, 2015-07-16 Whether you are you Christian, Jewish, Agnostic, or Atheist, you will find this story containing and dealing with many imporant spiritual issues of life both interesting and highly relevant. Unlike so many other books on this topic, its not loaded with a lot of antiquated-sounding Bible-babble, but ordinary and logical talk, and our Lord is treated in a realistic and understandable manner. It is based on a review of several other books on this topic, and contains events which were very believably reported by individuals who experienced death and returned to life. If nothing else, it will help you to think more realistically about spirituality and the next life.

dr mary neal to heaven and back: A Simple Guide to Experience Miracles J. P. Moreland, 2021-11-16 Does God Still Do Miracles Today? *A Simple Guide to Experience Miracles* will give you confidence in and awareness of the supernatural realm as you learn how to flourish spiritually by experiencing more miraculous interventions in your life and ministry. Internationally renowned philosopher J. P. Moreland looks at the nature of miracles and explains why bearing and receiving credible testimony to God's miraculous acts is a crucial feature of a mature Jesus-follower. He also shows how to distinguish a real miracle from a mere coincidence. Miracles bring comfort to believers, strengthening faith in God and creating boldness in our lives. While miraculous healings have occurred frequently throughout church history, Moreland provides data showing how the last fifty years have seen a massive outbreak of miracles and supernatural activity. Today, he argues, the church should humbly expect to see more of these miraculous works of God than we do. Moreland looks at topics like: The relationship between sickness and suffering, along with two different ways to pray for healing How to discern clearly the difference between a genuine miracle and a mere coincidence How to increase your faith that petitionary prayer really works and what to make of unanswered prayer Six ways God speaks to us and advice for hearing God wisely and biblically The role angels play in our lives, how they appear to us, and how to combat demonic influence The

biblical basis for most Near-Death Experiences and what we can learn from them A Simple Guide to Experience Miracles increases your expectation and hope that God can and often does miraculously intervene to bring help and comfort. Moreland shows that it makes rational sense to step out and engage in employing Kingdom power and to strengthen courage to witness and act on behalf of the gospel of Jesus. Filled with inspiring, credible, motivating accounts of miracles, he covers five different kinds of supernatural activities and provides practical wisdom about how to begin practices such as healing prayer and learning to deal with the demonic.

dr mary neal to heaven and back: *What's after Life?* John Burke, 2019-11-05 The Gallup Poll reports that 1 in 25 people has had a near-death experience. Their heart stopped beating, their brain waves ceased, yet they claim they were more alive than ever. With improved medical resuscitation, more and more verifiable evidence indicates that life doesn't end with our last breath--it's just beginning. Drawing out the similarities found by studying over 1,000 accounts of near-death experiences around the globe, John Burke unfolds a compelling and comforting vision of a world where - we are free from pain - we feel fully known and accepted - we are greeted by loved ones - we encounter indescribable beauty - we discover a God of unconditional love If you've lost a loved one, if you've received a frightening diagnosis, or if you're just curious about what happens after death, this concise look at the life to come will bring you hope and reassurance. Content derived from the New York Times bestseller *Imagine Heaven*.

dr mary neal to heaven and back: *Caught Between Heaven & Earth* Nancy Van Alphen, 2019-03-27 An Incredible True Story of Awakening In *Caught Between Heaven & Earth*, Nancy van Alphen takes us on her unexpected spiritual journey that changed her from agnostic to believer. A humorous peek into her childhood, during which she had but a mere smattering of religion, paints the picture of an ordinary girl living an ordinary life. As a teen she concluded God was unprovable and never looked back—until God decided He wasn't content being a mere possibility. Alone one night, Nancy happened upon a video of a young man given little time to live. Heartfelt compassion morphed into anger as she raised her fists and railed about suffering to a God in whom she didn't really believe. To her utter amazement, God responded. Thus begins her journey in which she traverses a surreal chasm between doubt and belief, caught between Heaven and Earth, as she struggles to understand messages she was given about suffering, reincarnation—including her own—and humanity's true identity. With a sprinkling of light-hearted family anecdotes, Nancy recalls her progressively more profound experiences within the context of earthly reality. Interactions with God, Jesus and angels chip away at her agnosticism, until one day something so amazing happens it obliterates all traces of doubt. Between scenes, Nancy looks at various religious traditions and present day near-death experiences, uncovering information supporting what she was told by Divine source, helping her round out her new picture of reality. Her conclusion presents four habits of LOVE by which to live to foster evolution of one's soul, as well as the spiritual evolution of humanity. Praise for *Caught Between Heaven & Earth*: I am proud of Nancy for her courage in sharing her story with us that we might find light in it! It is valuable that she is open and sharing of her reproachment to God. Nancy went in as an agnostic and exited as a full-on believer. Kudos to Nancy for her persistence in continuing the work, in having courage and resilience, and in doing it in a world too often filled with darkness. What a lesson for the rest of us! - Dr. Doris Eliana Cohen, PhD *Repetition and Dreaming on Both Sides of the Brain* Nancy van Alphen takes you by the hand and ushers you into her mind and then into her heart where you experience her intimate and breathtaking journey from agnosticism to spirituality. Her authentic report begins with angels at her door. That day marked the beginning of her transformation which she describes in honest detail. Hers is a journey similar in its mystical nature to that which I and countless others have experienced in this time of rising awareness. The truths that unfold to Nancy in surprising, even astonishing ways will resonate in the heart of experiencers and non-experiencers alike. - Emily Rodavich *Mystical Interludes and Mystical Interludes II*

dr mary neal to heaven and back: *Mind, Body, Spirit And Discovering the Purpose of life* Diane Kurtz Calabrese, 2021-09-15 The purpose of this book is offering every one of you who reads it

the opportunity of having a clearer perspective of life.... God's greatest gift... Life really is a miracle in itself and it is so easy to take that for granted. You are not here by chance; I can assure you that. You are God's miracle, not by luck or chance... but by purpose. Each and every one of us are here for a divine reason. We are equally gifted by Jesus Christ our life force energy, by God. We are unique in our physical appearance as well as our spiritual essence. We have one soul that is on a journey to learn what it is like to live on the earth plane. And, this is the earth school. We are here for a very short period of time. Don't leave here not recognizing what it is you came here for.

dr mary Neal to heaven and back: *Crying Angels* Sarah V. Tinsley, 2018-10 Most of us can probably think of a spiritual experience in our life that made a permanent profound impression. God reveals His infinite love through our personal experiences. Too often these stories of spiritual reality are never shared with others. When I began praying for spiritual experiences when my parents were very ill, I was blessed with a visit from crying angels. The first story in my book, *Crying Angels*, inspired the title of my book. I felt I should record and share my spiritual stories and the stories I had heard from others. I realized that both the teller and the listener's faith in God increases when stories are shared. Our sharing creates a ripple effect of numerous blessings. My hope is that the stories in this book will bless your soul and will help you not miss any of the miracles God places before you. Sarah V. Tinsley

dr mary Neal to heaven and back: *Hand on the Mirror* Janis Heaphy Durham, 2025-05-01 An unbelievably believable story about the afterlife, with documenting photographs from the former publisher of a major metropolitan newspaper. An unbelievably believable story about the afterlife, with documenting photographs from the former publisher of a major metropolitan newspaper. In 2004, Janis Heaphy Durham's husband, Max Besler, died of cancer at age 56. The daughter of a Presbyterian minister, she practiced her faith as she struggled with her loss. Soon she began encountering phenomena unlike anything she'd ever experienced: lights flickering, doors opening and closing, clocks stopping at 12:44, the exact time of Max's death. But then something startling happened that changed Heaphy Durham's life forever. A powdery handprint appeared on her bathroom mirror on the first anniversary of Max's death. This launched Heaphy Durham on a journey that transformed her spiritually and altered her view of reality forever. She interviewed scientists and spiritual practitioners along the way, as she discovered that the veil between this world and the next is thin and it's love that bridges the two worlds.

dr mary Neal to heaven and back: *Tick Tock* Doug Opalski, 2020-11-24 Like Mark Twain, I invite you to drift through adventure. Share a parting glass in McGarvey's, ninja warriors, pandemic antidotes, football legends, love or money, etc. Hop aboard, Huckleberry.

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