

# solution focused case management

**\*\*Solution Focused Case Management: A Modern Approach to Client Success\*\***

**solution focused case management** is transforming the way professionals support individuals in overcoming challenges and achieving their goals. Unlike traditional models that often concentrate on problems and deficits, this approach emphasizes strengths, solutions, and forward momentum. In today's fast-paced world, where clients seek meaningful progress rather than dwelling on obstacles, solution focused case management offers a refreshing, empowering alternative.

This article explores the core principles, benefits, and practical applications of solution focused case management, shedding light on why it's gaining traction among social workers, healthcare providers, and support specialists alike.

## Understanding Solution Focused Case Management

At its heart, solution focused case management revolves around the idea that clients hold the key to their own success. Rather than digging deeply into past problems or lengthy assessments, case managers using this approach prioritize identifying and amplifying what's already working well for the client. It's a strengths-based methodology that invites collaboration and hope.

## The Philosophy Behind the Approach

The foundation of solution focused case management lies in solution focused brief therapy (SFBT), a therapeutic model developed in the 1980s. SFBT challenges traditional problem-saturated conversations by focusing on clients' resources, abilities, and exceptions to the problem. Translating this into case management means that the focus shifts from what's wrong to what's possible.

This shift is significant because it changes the role of the case manager from a problem-solver to a facilitator who partners with the client. Together, they co-create actionable plans based on the client's vision for a better future.

## Key Principles of Solution Focused Case Management

Some essential principles that guide this approach include:

- **\*\*Goal Orientation:\*\*** Emphasizing clear, achievable goals that the client wants to reach.
- **\*\*Strengths-Based:\*\*** Identifying client strengths, skills, and resources to build solutions.
- **\*\*Collaborative Partnership:\*\*** Engaging clients as active participants rather than passive recipients.
- **\*\*Focus on Exceptions:\*\*** Highlighting times when the problem is less severe or absent to uncover potential strategies.
- **\*\*Brief and Efficient:\*\*** Encouraging quick, practical interventions over prolonged assessments.

# **Benefits of Solution Focused Case Management**

The advantages of adopting this approach are numerous and impact both clients and case managers positively.

## **Empowerment and Motivation**

By focusing on what clients can do and have done successfully, this model cultivates a sense of empowerment. Clients feel more motivated because the process respects their autonomy and expertise in their own lives. This can lead to increased engagement and better outcomes.

## **Improved Efficiency**

Solution focused case management tends to be more time-efficient than traditional methods. Since it avoids exhaustive problem analysis, case managers can concentrate on actionable steps and measurable progress, making it ideal in settings with limited resources.

## **Enhanced Client-Case Manager Relationship**

The collaborative nature fosters trust and rapport. Clients often appreciate feeling heard and understood rather than judged or pathologized. This stronger relationship can encourage honest communication and ongoing commitment to the process.

## **Flexibility Across Settings**

Whether working in social services, healthcare, mental health, or community programs, solution focused case management adapts easily. Its principles apply broadly, supporting diverse populations with varying needs.

# **How to Implement Solution Focused Case Management Effectively**

For professionals interested in embracing this approach, certain strategies can help maximize its impact.

## **Start with Clear, Client-Driven Goals**

Instead of beginning with problems, invite clients to describe what they want to achieve. Questions

like “What will be different when things improve?” or “What small change would make a big difference?” can guide this process. Goals should be specific, realistic, and meaningful to the client.

## **Identify Strengths and Resources**

Spend time exploring times when the client has coped well or succeeded. Ask about personal qualities, support networks, and past achievements. These insights become building blocks for crafting solutions.

## **Use Scaling Questions to Measure Progress**

A common tool in solution focused work is the scaling question, asking clients to rate their progress or confidence on a scale from 1 to 10. This technique helps track change and highlights areas for further focus.

## **Celebrate Small Wins**

Recognizing incremental successes keeps motivation high. Even modest steps forward can be powerful affirmations of capability and progress.

## **Maintain Flexibility and Openness**

Be ready to adapt plans as new information emerges or circumstances shift. Solution focused case management is not rigid; it prioritizes responsiveness to client needs.

## **Common Techniques and Tools Used in Solution Focused Case Management**

To put theory into practice, several techniques help case managers guide clients effectively.

### **Miracle Question**

This imaginative question encourages clients to envision a future where their problems are resolved. For example: “If a miracle happened tonight and your challenges were gone, what would be the first thing you notice tomorrow?” This helps articulate goals and possibilities.

## **Exception Finding**

By identifying moments when the problem didn't occur or was less intense, clients and case managers uncover effective strategies that can be repeated or expanded.

## **Goal Setting and Action Planning**

After clarifying goals, case managers assist in breaking them down into manageable, actionable steps, ensuring clients feel capable of following through.

## **Scaling and Progress Review**

Regularly checking in with clients using scaling questions supports reflection on progress and adjustment of plans.

## **Challenges and Considerations in Solution Focused Case Management**

While this approach offers many benefits, it's important to recognize potential limitations and areas for careful attention.

### **Not Suitable for All Situations**

Some complex or crisis situations may require more in-depth assessment and intervention beyond a solution focused model. Case managers should be skilled in recognizing when other approaches are necessary.

### **Requires Training and Practice**

Effectively applying solution focused techniques demands a shift in mindset and skill development. Without proper training, case managers might struggle to avoid slipping into problem-focused conversations.

### **Balancing Hope with Realism**

While optimism is central, it's essential to maintain realistic expectations and acknowledge genuine difficulties without minimizing them.

# **The Future of Solution Focused Case Management**

As the demand for client-centered, efficient, and empowering support grows, solution focused case management is poised to become a standard across many helping professions. Integrating technology, such as digital goal tracking and virtual coaching, can further enhance its reach and effectiveness.

Organizations that invest in training and promote a strengths-based culture stand to benefit from improved client satisfaction, better outcomes, and more sustainable case management practices.

Embracing solution focused case management means recognizing that every client has untapped potential and that progress often begins with a simple question: "What's working, and how can we do more of it?"

## **Frequently Asked Questions**

### **What is solution focused case management?**

Solution focused case management is a strengths-based approach that emphasizes identifying and building on clients' existing resources and solutions to address their challenges, rather than focusing on problems and deficits.

### **How does solution focused case management differ from traditional case management?**

Unlike traditional case management, which often concentrates on diagnosing problems and barriers, solution focused case management prioritizes clients' goals, strengths, and potential solutions, fostering empowerment and collaboration.

### **What are the key principles of solution focused case management?**

Key principles include focusing on clients' strengths and resources, setting clear and achievable goals, leveraging past successes, maintaining a positive future orientation, and encouraging client collaboration in the decision-making process.

### **In which fields is solution focused case management commonly applied?**

Solution focused case management is commonly used in social work, mental health, substance abuse treatment, rehabilitation services, and community health settings to support individuals in overcoming challenges and achieving personal goals.

## **What are the benefits of using a solution focused approach in case management?**

Benefits include increased client motivation and engagement, faster progress toward goals, enhanced client self-efficacy, improved problem-solving skills, and more sustainable outcomes due to the emphasis on clients' own strengths and solutions.

## **How can case managers implement solution focused techniques in their practice?**

Case managers can implement solution focused techniques by asking goal-oriented questions, identifying clients' past successes, encouraging clients to envision their preferred future, setting small achievable steps, and maintaining a collaborative and optimistic approach.

## **Are there any challenges associated with solution focused case management?**

Challenges can include clients' difficulty in identifying strengths, resistance to focusing on solutions due to complex issues, and the need for practitioners to receive proper training to effectively apply solution focused techniques while balancing problem identification when necessary.

## **Additional Resources**

Solution Focused Case Management: A Modern Approach to Client-Centered Care

**solution focused case management** has emerged as a pivotal methodology in social work, healthcare, and human services, offering a distinct shift from traditional problem-oriented frameworks. This approach centers on leveraging clients' strengths and resources to collaboratively develop practical solutions rather than dwelling extensively on their problems or past difficulties. As case management continues to evolve, understanding the principles, applications, and implications of solution focused case management is essential for professionals seeking efficient, empowering, and goal-driven interventions.

## **Understanding Solution Focused Case Management**

Solution focused case management (SFCM) differs fundamentally from conventional case management models that often emphasize diagnosing problems and navigating systemic obstacles. Instead, SFCM adopts a future-oriented lens, prioritizing client autonomy and resilience. The methodology is rooted in solution-focused brief therapy (SFBT), a therapeutic model developed in the late 1970s by Steve de Shazer and Insoo Kim Berg, which concentrates on identifying and amplifying solutions rather than analyzing problems.

In practice, solution focused case management involves a collaborative partnership between the case manager and the client. The case manager facilitates the client's identification of achievable goals and the resources already available to them, fostering hope and motivation. This strengths-

based perspective contrasts with deficit-focused approaches, which can inadvertently reinforce client dependency or feelings of helplessness.

## Core Principles of Solution Focused Case Management

Several key principles underpin SFCM and distinguish it from other case management frameworks:

- **Goal Orientation:** Emphasizing clear, attainable goals that clients define themselves.
- **Client Strengths:** Recognizing and utilizing the client's existing skills, resources, and support networks.
- **Future Focus:** Concentrating on what clients want to achieve rather than scrutinizing past problems.
- **Brief and Efficient:** Encouraging short-term interventions that promote rapid progress.
- **Collaborative Process:** Building a partnership where clients are experts in their own lives.

These principles help shape case management plans that are personalized, flexible, and responsive to client needs.

## Comparing Solution Focused and Traditional Case Management

While traditional case management often involves comprehensive assessments, diagnosis, and long-term service coordination, solution focused case management streamlines the process by narrowing the focus to solutions and client goals. This distinction has practical implications for both case managers and clients.

Traditional models may require extensive documentation and multi-agency collaboration, which can delay service delivery. Conversely, SFCM's brief intervention style allows for quicker goal setting and resource mobilization. However, it is important to recognize that solution focused case management is not a one-size-fits-all remedy; complex cases with extensive clinical needs might necessitate the in-depth approach of traditional frameworks.

A 2019 study published in the Journal of Social Work Practice highlighted that clients engaged in solution focused case management reported higher satisfaction levels and perceived empowerment compared to those in conventional case management. Additionally, case managers noted increased efficiency in managing caseloads when applying solution focused techniques.

# Applications Across Sectors

Solution focused case management has found application in diverse fields, including:

- **Mental Health Services:** Facilitating recovery-oriented care by focusing on patient strengths and recovery goals.
- **Substance Abuse Treatment:** Helping clients identify coping strategies and build support systems.
- **Social Work:** Supporting vulnerable populations such as homeless individuals or families in crisis by emphasizing practical steps toward stability.
- **Healthcare Coordination:** Assisting patients with chronic conditions to manage their health through goal-oriented plans.

Each sector benefits from the adaptability of solution focused case management principles, which promote client empowerment and resourcefulness.

# Advantages and Challenges of Solution Focused Case Management

## Advantages

- **Empowerment:** Clients gain confidence by focusing on what they can do rather than their limitations.
- **Efficiency:** Shorter intervention periods reduce costs and free up resources for more clients.
- **Flexibility:** The approach adapts easily to varying client needs and contexts.
- **Positive Outcomes:** Emphasizing solutions often leads to increased client engagement and satisfaction.

## Challenges

- **Suitability:** Not all clients may be ready or able to engage in a solution focused process,



especially those with complex trauma or cognitive impairments.

- **Training Requirements:** Case managers need specialized training to effectively apply the solution focused model.
- **Risk of Oversimplification:** Overemphasis on solutions might overlook underlying issues that require attention.
- **Systemic Barriers:** External factors such as policy constraints and resource limitations may limit the effectiveness of solution based plans.

Awareness of these challenges is vital to implement SFCM responsibly and effectively.

## Integrating Solution Focused Case Management with Technology

The digital transformation in healthcare and social services has opened new possibilities for enhancing solution focused case management. Case managers now leverage electronic health records (EHRs), mobile apps, and telehealth platforms to facilitate communication and track client progress in real time. For instance, goal tracking applications enable clients to visualize their milestones, reinforcing motivation and accountability.

Moreover, data analytics can help identify patterns and tailor interventions to individual client profiles. While technology can enhance the efficiency and reach of solution focused case management, it also raises considerations regarding privacy, digital literacy, and equitable access.

## Future Directions and Research

Ongoing research seeks to refine the evidence base for solution focused case management, exploring its long-term impacts and best practices across populations. Recent trials have examined its integration with trauma-informed care and culturally sensitive approaches, aiming to broaden its applicability.

Additionally, there is growing interest in hybrid models that combine solution focused strategies with traditional case management components, allowing for more nuanced interventions. As the field advances, continuous evaluation will be crucial to optimize outcomes and ensure that solution focused case management remains responsive to evolving client and system needs.

The trajectory of solution focused case management reflects a broader movement towards client-centered, strengths-based care that aligns with contemporary values in social services and healthcare. Its emphasis on empowerment and efficiency positions it as a compelling framework for addressing complex social challenges in a resource-constrained environment.

## **Solution Focused Case Management**

**solution focused case management: Solution-Focused Case Management** Dr. Robert G. Blundo, PhD, LCSW, Joel Simon, MSW, ACSW, BCD, 2015-11-06 Blundo and Simon have successfully outlined how a solution-focused perspective can be a powerful tool for case managers. Their understanding and presentation are based upon practice scenarios that are real and applied....They clearly demonstrate the impact of 'thinking and language' and the importance of building a collaborative relationship with clients. Their work challenges the traditional theory-driven interventions that focus on problems and arrive at a diagnosis. They encourage a 'shift' to a coconstructive partnership that requires a practitioner to respect that clients are 'experts of their own lives'. They provide a clear step-wise discussion of techniques and strategies that can be employed working with individuals and families in case management settings. This book is a must read. óLawrence T. Force, PhD, LCSW-R Professor of Psychology, Mount Saint Mary College, Newburgh, NY From the Foreword Solution-focused practice is a paradigm that stresses client abilities, strengths, and individual goals rather than disability. Written by a team of educatorñpractitioners noted for their expertise in solution-focused therapy, this how-to text for social work, counseling, and psychology students guides current and future case managers in learning this strengths-based, collaborative approach to case management. It discusses both the philosophical basis for solution-focused casework and demonstrates how it is ideally suited for the case management process. The book is based on teaching materials the authors have developed and used in their classes and workshops with undergraduate and graduate students and professionals. The text incorporates new research and theoretical developments in solution-focused therapy as well as actual practice scenarios demonstrating the process of building a collaborative relationship with individual clients and families. Replete with strategies and tools for practicing solution-focused case management, the text describes such essential skills as identifying goals, monitoring progress, working with other agencies, and transitioning out of treatment. It discusses issues related to ethical practice and presents strategies for self-care. Additionally, the book addresses diversity and social justice and their relationships to solution-focused practice. Student exercises help to reinforce knowledge. The text will assist case managers in a variety of settingsóhospitals, nursing homes, rehabilitation facilities, community-based mental health agencies, schools, prisons, court systems, and shelters for the homeless and victims of domestic violenceóto partner with their clients toward finding strengths-based and solution-focused approaches to resolving issues in a positive way. KEY FEATURES: Authored by noted experts in solution-focused education and practice Facilitates a reframing of casework and case management around client strengths and resources Provides specific case examples that allow readers to troubleshoot and apply solution-focused principles to practice Includes student exercises throughout the book

**solution focused case management: Solution-Focused Case Management** Robert G. Blundo, Joel Simon, 2015-11-06 "Blundo and Simon have successfully outlined how a solution-focused perspective can be a powerful tool for case managers. Their understanding and presentation is based upon practice scenarios that are real and applied...They clearly demonstrate the impact of 'thinking and language' and the importance of building a collaborative relationship with clients. Their work challenges the traditional theory-driven interventions that focus on problems and arrive at a diagnosis. They encourage a 'shift' to a co-constructive partnership that requires a practitioner to respect that clients are 'experts of their own lives'...They provide a clear step-wise discussion of techniques and strategies that can be employed working with individuals and families in case management settings. This book is a must read." -Lawrence T. Force, PhD. LCSW-R Professor of Psychology, Mount Saint Mary College, Newburgh, NY From the Foreword Solution-focused practice is a paradigm that stresses client abilities, strengths, and individual goals rather than disability. Written by a team of educator/practitioners noted for their expertise in solution-focused therapy, this "how-to" text for social work, counseling, and psychology students guides current and future case

managers in learning this strengths-based, collaborative approach to case management. It discusses both the philosophical basis for solution-focused casework and demonstrates how it is ideally suited for the case management process. The book is based on teaching materials the authors have developed and used in their classes and workshops with undergraduate and graduate students and professionals. The text incorporates new research and theoretical developments in solution-focused therapy as well as actual practice scenarios demonstrating the process of building a collaborative relationship with individual clients and families. Replete with strategies and tools for practicing solution-focused case management, the text describes such essential skills as identifying goals, monitoring progress, working with other agencies, and transitioning out of treatment. It discusses issues related to ethical practice and presents strategies for self-care. Additionally, the book addresses diversity and social justice and their relationships to solution-focused practice. Student exercises help to reinforce knowledge. The text will assist case managers in a variety of settings—hospitals, nursing homes, rehabilitation facilities, community-based mental health agencies, schools, prisons, court systems, and shelters for the homeless and victims of domestic violence—to partner with their clients towards finding strengths-based and solution-focused approaches to resolving issues in a positive way. Key Features: Authored by noted experts in solution-focused education and practice Facilitates a reframing of casework and case management around client strengths and resources Provides specific case examples that allow readers to troubleshoot and apply solution-focused principles to practice Includes student exercises throughout the book

**solution focused case management:** *Solution Focused Practice in Asia* Debbie Hogan, Dave Hogan, Jane Tuomola, Alan Yeo, 2016-12-08 This book is a collection of solution focused practice across Asia, offering case examples from the fields of therapy, supervision, education, coaching and organisation consulting. It demonstrates the usefulness of the solution focused approach in the Asian context by providing practice based evidence, and highlights the diversity of application. By sharing real case examples in action across Asia, it is the aim of this book to stimulate the curious and inspire the converted. It gives readers a taste of what it is like to use this approach within an Asian context, in different areas of practice and within a broad spectrum of clinical issues. The examples offer exciting and creative ways in which solution focused practice can be used within the Asian context - with the hope that more practitioners will be curious enough to give solution focused practice serious consideration as a viable, evidence-based practice.

**solution focused case management:** *Psychiatric Nursing* Mary Ann Boyd, 2008 The AJN Book of the Year award-winning textbook, *Psychiatric Nursing: Contemporary Practice*, is now in its thoroughly revised, updated Fourth Edition. Based on the biopsychosocial model of psychiatric nursing, this text provides thorough coverage of mental health promotion, assessment, and interventions in adults, families, children, adolescents, and older adults. Features include psychoeducation checklists, therapeutic dialogues, NCLEX® notes, vignettes of famous people with mental disorders, and illustrations showing the interrelationship of the biologic, psychologic, and social domains of mental health and illness. This edition reintroduces the important chapter on sleep disorders and includes a new chapter on forensic psychiatry. A bound-in CD-ROM and companion Website offer numerous student and instructor resources, including Clinical Simulations and questions about movies involving mental disorders.

**solution focused case management:** *Solution-Focused Brief Therapy* Teri Pichot, Yvonne M Dolan, 2014-02-04 Re-energize your practice! *Solution-Focused Brief Therapy: Its Effective Use in Agency Settings* chronicles the lessons learned when a substance abuse counseling program switches its theoretical orientation from problem-focused to solution-focused. The book details the technical aspects of the changeover (theory, techniques, interventions, politics, and team design) as well as the personal struggles the team endured and the successes they enjoyed. It demonstrates how solution-focused therapy can be applied to both clinical and administrative work while addressing questions and concerns, providing general information and help in understanding the subtleties and idiosyncrasies of the treatment. *Solution-Focused Brief Therapy* is a practical,

step-by-step guide to individual and group solution-focused therapy, presenting a new and effective method of working with clients that re-energizes therapists and benefits administrators and clinical supervisors. The book provides clear descriptions of basic interventions and philosophy, highlights points of contrast with more traditional approaches, examines the principles behind the "Miracle Question," and demonstrates how to integrate relapse prevention, help clients maintain therapeutic gains, and communicate effectively with colleagues who represent different philosophies.

Solution-Focused Brief Therapy provides a thorough understanding of solution-focused therapy through the use of: case studies interviews with therapists sample forms tables and much more! Solution-Focused Brief Therapy: Its Effective Use in Agency Settings is ideal for professionals interested in implementing solution-focused therapy into individual, group, or agency settings, including child protection agencies, community mental health clinics, private practices, sexual abuse programs, substance abuse treatment, family based services, and academics working in substance abuse counseling, social work, psychology, and general counseling.

**solution focused case management:** Solution-based Casework William C. Barrett, 2020-08-13 Solution-based casework is an approach to assessment, case planning, and case management that combines what we know from clinical social work with what we value about sound social work practice. It is grounded in family-centered social work and draws from clinical approaches within social work and mental health. By integrating problem- and solution-focused approaches that form the clinical and social work traditions, treatment partnerships are more easily formed between family, caseworker, and service provider. Solution-Based Casework is a skill-based, practice-oriented text that provides the specific guidance that students and new practitioners need in order to make sense quickly of the complex tasks of assessment and case planning in child welfare. The book flows out of a long practice experience, and was developed in consultation with workers and supervisors who were attempting to remedy problems viewed as contributing to recurrent abuse and neglect. It seeks to end adversarial relationships in casework and advocates case plans based on specific outcome skills rather than on those written with vague outcome goals measuring attendance in counseling. It serves as a common conceptual framework for integrating disparate segments of a response network, thereby allowing all providers in a therapeutic system to work toward common goals. The text is divided into three sections. In Section I the conceptual history and theoretical foundations of solution-based casework are presented so that the reader can place this approach to casework within the ongoing professional conversation about what constitutes sound practice. Section II addresses issues of assessment and case planning. Section III focuses on case management issues and how treatment team members experience a solution-based casework approach.

**solution focused case management:** *Disease Management* Diane Huber, 2005-02-04 Written specifically for case managers, this innovative reference presents a practical integration of disease management and case management to ensure comprehensive coverage of these two rapidly evolving and expanding fields. It explains and clarifies these two areas with in-depth expert commentary that offers a fresh, contemporary approach and captures both provider and payor perspectives. Its strong emphasis on evidence-based practice helps ensure that disease managers are using the best evidence to formulate the best results. Comprehensive, targeted content makes it one of the only resources available for practicing disease managers Wide variety of coverage includes chronic illnesses such as congestive heart failure, as well as management of those conditions such as pregnancy that do not indicate an unhealthy or diseased state Expert author contributions offer practical guidance and interdisciplinary perspectives Chapters provide case studies or case scenarios to demonstrate the ways in which case managers nationwide have responded to treatment challenges with success Emphasis on preventive care stresses the most practical and cost-effective solution to today's rising health care costs Authors detail specific tips, tools, and techniques that managers can put to use in practice Chapters are organized into three separate parts to present the information logically

**solution focused case management:** *Online Counseling* Cedric Speyer, 2010-12-08 Providers

and consumers of mental health services are increasingly making use of the internet to gather information, consult, and participate in psychotherapy. This Handbook gives practical insight into how professionals can translate their practice to an online medium. Divided into four sections, section one provides an overview of how the internet has become an integral part of people's lives, and the research to date on the use and effectiveness of counseling online, as well as idiosyncrasies of online behavior and communication. Section two discusses the practical aspects of counseling online, including technological issues, ethical and legal issues, and business issues. Section three focuses on performing psychotherapy online, including online treatment strategies and skills, working with online groups, online testing and assessment, and international and multicultural issues in online counseling. The last section discusses the future of online counseling. The Handbook is intended for those professionals interested in the burgeoning telehealth movement and to those practicing therapists looking for ways to expand their practices online and/or to help round out treatment to specific patients who might benefit from online therapy in addition to traditional delivery.

**solution focused case management: Strengths-Based Child Protection** Carolyn Oliver, 2017-01-01 Strengths-Based Child Protection is the first textbook solely dedicated to furthering strengths-based practices in a child protection setting. Carolyn Oliver provides an original, accessible, and practical research-based model that focuses on the key to success in this field: the worker-client relationship.

**solution focused case management: Nursing Case Management** Elaine Cohen, Toni G. Cesta, 2004-08-26 This classic resource offers complete coverage of nursing case management - from theoretical background and historical perspective to practical applications and how the field is changing to meet the challenges of today's health care environment. It focuses on the implementation of various case management models used throughout the United States and abroad. Key topics include the impact of public policy on health care; understanding the effects of health care reimbursement and its application at the patient level; throughput and capacity management; the impact of the revenue cycle; compliance and regulatory issues; and principles needed to improve case manager-client interaction. This helpful resource is designed to help nurse case managers assess their organization's readiness for case management, prepare and implement a plan to achieve necessary improvements and evaluate the plan's success. Includes numerous proven case management models currently being used in institutions across the country Organized to take the nursing case manager on a journey from the historical development of nursing case management to the successful implementation of a case management program Offers detailed guidance for planning, implementing, and evaluating a case management program Outlines the planning process with information on key topics such as analysis of the organization, the role of the organization's members, selection criteria for new case managers, case management education, credentialing, and partnerships Features guidelines for implementing a case management program with information on ethical issues, technology, compliance, and regulatory issues Addresses the evaluation component of developing and implementing a case management program by presenting information on outcomes, research, documentation, continuous quality improvement, measuring cost effectiveness, care continuum, and evidence-based practice Presents acute care and community based models of case management Highlights the evolution of collaborative models of case management, addressing key elements of joint decision-making, shared accountability, and interdisciplinary systems of care Addresses health care delivery through case management and public policy by presenting current legislative issues and their affect on both health care reimbursement and the application of care at the patient level Presents the insights, experiences, and advice of nursing administrators who have researched and successfully implemented nursing case management programs in various facilities

**solution focused case management: Principles and Practice of College Health** John A. Vaughn, Anthony J. Viera, 2020-12-04 This unique and comprehensive title offers state-of-the-art guidance on all of the clinical principles and practices needed in providing optimal health and well-being services for college students. Designed for college health professionals and

administrators, this highly practical title is comprised of 24 chapters organized in three sections: Common Clinical Problems in College Health, Organizational and Administrative Considerations for College Health, and Population and Public Health Management on a College Campus. Section I topics include travel health services, tuberculosis, eating disorders in college health, and attention deficit hyperactivity disorder among college students, along with several other chapters. Subsequent chapters in Section II then delve into topics such as supporting the health and well-being of a diverse student population, student veterans, health science students, student safety in the clinical setting, and campus management of infectious disease outbreaks, among other topics. The book concludes with organizational considerations such as unique issues in the practice of medicine in the institutional context, situating healthcare within the broader context of wellness on campus, organizational structures of student health, funding student health services, and delivery of innovative healthcare services in college health. Developed by a renowned, multidisciplinary authorship of leaders in college health theory and practice, and coinciding with the founding of the American College Health Association 100 years ago, *Principles and Practice of College Health* will be of great interest to college health and well-being professionals as well as college administrators.

**solution focused case management: *The Oxford Handbook of Social Work in Health and Aging*** Daniel B. Kaplan, Barbara Berkman, 2016 This Second Edition of the Handbook addresses the evolving interdisciplinary health care context and the broader social work practice environment, as well as advances in the knowledge base which guides social work service delivery in health and aging. This includes recent enhancements in the theories of gerontology, innovations in clinical interventions, and major developments in the social policies that structure and finance health care and senior services. In addition, the policy reforms of the 2010 Patient Protection and Affordable Care Act set in motion a host of changes in the United States healthcare system with potentially profound implications for the programs and services which provide care to older adults and their families. In this volume, the most experienced and prominent gerontological health care scholars address a variety of populations that social workers serve, and the arenas in which they practice, followed by detailed recommendations of best practices for an array of physical and mental health conditions. The volume's unprecedented attention to diversity, health care trends, and implications for practice, research, policy make the publication a major event in the field of gerontological social work. This is a Must-Read for all social work social work educators, practitioners, and students interested in older adults and their families.

**solution focused case management: *Facilitating Desistance from Aggression and Crime*** Calvin M. Langton, James R. Worling, 2022-07-12 In *Facilitating Desistance from Aggression and Crime: Theory, Research, & Strength-Based Practices*, Drs. Calvin Langton and James Worling have gathered together internationally renowned authorities in the fields of psychology, psychiatry, criminology, social work, and law, to critically examine desistance as a construct, process, and outcome as well as the place of strengths work in correctional and forensic mental health settings. Integrating theory, empirical evidence, and applied practices, this timely volume is an essential scholarly resource with a clear practical emphasis for policy makers, researchers, practitioners, and graduate students.

**solution focused case management: *Solution-based Casework*** Dana N. Christensen, Jeffrey Todahl, William C. Barrett, 1999 *Solution-based casework* is an approach to assessment, case planning, and case management that combines what we know from clinical social work with what we value about sound social work practice. It is grounded in family-centered social work and draws from clinical approaches within social work and mental health. By integrating problem- and solution-focused approaches that form the clinical and social work traditions, treatment partnerships are more easily formed between family, caseworker, and service provider. *Solution-Based Casework* is a skill-based, practice-oriented text that provides the specific guidance that students and new practitioners need in order to make sense quickly of the complex tasks of assessment and case planning in child welfare. The book flows out of a long practice experience, and was developed in consultation with workers and supervisors who were attempting to remedy problems viewed as

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