

dangers of ouija boards stories

****The Chilling Truth: Exploring the Dangers of Ouija Boards Stories****

dangers of ouija boards stories have fascinated and frightened people for decades. These tales often blend mystery, fear, and the supernatural, cautioning curious souls about the potential risks of using a Ouija board. Whether you're someone intrigued by the paranormal or simply a skeptic, the stories surrounding Ouija boards offer a captivating glimpse into the unknown—and why many believe these seemingly innocent games can open doors best left closed.

The Origins and Appeal of Ouija Boards

Before diving into the chilling narratives, it's important to understand what Ouija boards are and why they hold such cultural sway. Invented in the late 19th century as a parlor game, Ouija boards feature letters, numbers, and the words "yes," "no," and "goodbye," along with a planchette, a small heart-shaped piece used to spell out messages. Users place their fingers lightly on the planchette, which supposedly moves under the influence of spirits communicating from beyond.

What began as a novelty quickly morphed into a tool for spiritual communication, drawing those fascinated by the occult or desperate for answers from departed loved ones. The allure lies in the mystery: a tangible way to connect with the afterlife or supernatural realm. However, this curiosity often leads to unexpected and sometimes terrifying experiences.

Understanding the Dangers of Ouija Boards Stories

Stories about Ouija boards are not just urban legends; many are rooted in real experiences shared by individuals who claim to have encountered frightening phenomena. These accounts often reveal a pattern of psychological and supernatural consequences tied to the board's use.

Psychological Impact and Fear Amplification

One of the most common dangers highlighted in Ouija board stories is the psychological toll it can take. The power of suggestion plays a significant role here. When participants believe they are communicating with spirits, their minds can amplify ordinary movements or coincidences into something sinister. This can lead to:

- Heightened anxiety and paranoia
- Sleep disturbances and nightmares
- Obsessive thoughts about the supernatural

In some cases, people report feeling haunted or followed after a session, a state often linked to the placebo effect or self-induced fear spirals. The mind's ability to create real sensations from imagined sources is powerful and should not be underestimated.

Accounts of Malevolent Entities

Beyond psychological effects, many Ouija board stories involve encounters with malevolent spirits or entities. Users describe hearing disembodied voices, seeing shadowy figures, or experiencing objects moving inexplicably. Some common themes include:

- Sudden cold spots or unexplained chills
- Doors slamming or lights flickering without cause
- Feelings of being watched or touched

These experiences fuel the belief that Ouija boards can invite negative forces into one's environment—a spiritual breach that some claim is difficult to close.

Notorious Real-Life Ouija Board Experiences

The internet and paranormal forums are rife with chilling testimonials from people who swear their lives changed after interacting with a Ouija board. Here are a few particularly unsettling examples:

The Haunted House Incident

A family in the Midwest once shared a story about how their casual Ouija board session led to months of terrifying hauntings. After the board spelled out warnings, unexplained noises began echoing through their home. Lights would flicker, and objects appeared displaced. The family eventually called in paranormal investigators, who suggested a spirit had been “invited” and was refusing to leave.

The Stranger's Warning

A college student recounted how a friend's Ouija board session unleashed a presence that followed them back to their dormitory. The entity reportedly whispered threats and caused electronic devices to malfunction. The student described feeling drained and fearful, ultimately destroying the board to end the ordeal.

Why Do People Still Use Ouija Boards Despite the

Risks?

Despite the dangers and countless cautionary tales, Ouija boards remain popular. The reasons vary from curiosity and thrill-seeking to genuine spiritual exploration. For many, the board is a tool to attempt communication with lost loved ones or to explore the unknown in a way that feels tangible.

The Thrill of the Unknown

Human nature is drawn to mysteries, especially those involving life after death or spirits. Ouija boards offer a direct, interactive experience that can be both exciting and terrifying. The adrenaline rush of potentially contacting another realm is part of the allure.

Spiritual Beliefs and Practices

Some users approach Ouija boards as part of their spiritual or religious practice, seeking guidance or messages from beyond. In these contexts, the board is not just a game but a sacred tool, though such use often comes with warnings about respect and caution.

Tips to Approach Ouija Boards Safely (Or Avoid Them Altogether)

If you're considering trying a Ouija board or have already done so, it's worth keeping some safety tips in mind. These suggestions aim to minimize negative experiences and protect your mental well-being.

- **Set clear intentions:** Before starting, decide your purpose and communicate it aloud to create a respectful atmosphere.
- **Use with trusted company:** Avoid using Ouija boards alone or with people you don't trust.
- **Avoid provoking spirits:** Do not challenge or anger any entities you believe are present.
- **End sessions properly:** Always say "goodbye" and remove hands from the planchette to close the communication.
- **Trust your instincts:** If you feel uncomfortable or scared, stop immediately.
- **Consider professional help:** If you experience persistent negative effects, seek advice from mental health or spiritual professionals.

The Scientific Perspective on Ouija Boards

Skeptics and scientists often attribute the movements of the Ouija board planchette to the ideomotor effect—a psychological phenomenon where individuals make motions unconsciously. This explanation suggests that users, without realizing it, move the planchette themselves.

While this doesn't explain all reported paranormal experiences, it does provide a rational basis for understanding why the board might seem to communicate messages without conscious direction. Additionally, the power of belief and expectation can significantly influence how users interpret their experiences.

Why Stories Persist Despite Rational Explanations

Even with scientific reasoning, stories about Ouija boards persist because they tap into deep human fears and the unknown. They also serve as cautionary tales, reminding people that meddling with the supernatural realm—whether real or imagined—can have unforeseen consequences.

How to Respect the Unknown and Protect Yourself

Whether you're a believer in the paranormal or simply cautious, respecting the unknown is crucial. Ouija board stories often emphasize that reckless or disrespectful use can lead to trouble. Maintaining a mindset of respect, mindfulness, and caution is essential if you choose to explore this area.

Remember that your mental and emotional health is paramount. If a Ouija board session leaves you feeling disturbed or anxious, it's a sign to step back and prioritize self-care.

The allure of Ouija boards is undeniable, but the stories that surround them serve as a reminder that some doors might be best left unopened. Whether driven by curiosity, spiritual seeking, or the thrill of the paranormal, understanding the dangers of Ouija boards stories helps us navigate the mysterious with wisdom and care.

Frequently Asked Questions

What are some common dangers reported in Ouija board stories?

Common dangers in Ouija board stories include experiencing frightening supernatural encounters, possession, unexplained physical harm, psychological distress, and the opening of portals to malevolent spirits.

Can using a Ouija board cause real harm according to these stories?

Many Ouija board stories claim that users can suffer real harm such as sleep paralysis, nightmares, emotional trauma, or even physical manifestations attributed to spirits, though scientific evidence is lacking.

Are there cases where Ouija boards have led to possession in stories?

Yes, numerous Ouija board stories describe individuals becoming possessed or controlled by spirits after using the board, often resulting in erratic behavior and needing spiritual intervention.

What psychological effects do Ouija board stories warn about?

Stories often warn about anxiety, paranoia, hallucinations, and long-lasting fear that can arise after using a Ouija board, sometimes leading to mental health issues.

Do Ouija board stories mention any specific entities or spirits encountered?

Many stories mention encountering malevolent entities, ghosts of the deceased, demons, or unknown supernatural beings that communicate through the board and cause harm.

Is it true that Ouija boards can open portals to the spirit world according to these stories?

According to many Ouija board stories, using the board can open portals or gateways to the spirit world, allowing harmful spirits to enter our reality and cause trouble.

What precautions do Ouija board stories suggest to avoid dangers?

Stories often suggest precautions like never using the board alone, avoiding asking for personal or dangerous information, closing the session properly, and refraining from using the board if feeling vulnerable.

Have there been any reported incidents where Ouija boards caused lasting paranormal activity?

Yes, some Ouija board stories claim that after sessions, homes or individuals experienced ongoing paranormal activity such as poltergeist phenomena, unexplained noises, or objects moving on their own.

Additional Resources

Dangers of Ouija Boards Stories: An Investigative Review

dangers of ouija boards stories have long intrigued and alarmed both believers and skeptics alike. From whispered tales around campfires to viral accounts circulating on social media, the Ouija board—a flat board marked with letters, numbers, and other symbols—has been associated with paranormal communication and, more ominously, with unsettling and sometimes dangerous experiences. This article delves deeply into the reported dangers surrounding Ouija boards, analyzing the psychological, cultural, and anecdotal evidence that frames the ongoing debate about their use and potential risks.

The Historical Context and Popularity of Ouija Boards

The Ouija board, patented in 1891, initially emerged as a parlor game designed to entertain. However, its association with spiritualism—a movement that gained traction in the late 19th and early 20th centuries—quickly transformed it into a tool thought to communicate with spirits. Over the decades, the Ouija board has been embedded in popular culture, often featuring in horror movies and paranormal investigations.

Despite its entertainment roots, numerous reports have surfaced claiming that the board can open gateways to malevolent entities or provoke psychological distress. These stories have fueled widespread fear and fascination, making the Ouija board a controversial object at the intersection of folklore, religion, and psychology.

Psychological and Emotional Impacts of Using Ouija Boards

One of the most widely discussed dangers in the realm of Ouija board stories pertains to the psychological effects on users. The ideomotor effect—a psychological phenomenon where individuals make motions unconsciously—explains much of the board's movement without requiring supernatural intervention. However, this does not diminish the emotional impact experienced by participants, which can be profound and sometimes traumatic.

Induced Anxiety and Paranoia

Many documented cases describe users experiencing heightened anxiety, paranoia, and even episodes of psychosis following Ouija board sessions. The belief that one has contacted an unknown or malevolent force can trigger intense fear responses. For individuals with underlying mental health vulnerabilities, such experiences may exacerbate conditions like anxiety disorders or schizophrenia.

Group Dynamics and Suggestibility

Ouija board sessions often involve groups, and the social dynamics at play can amplify suggestibility. Peer pressure and collective anticipation might lead participants to interpret ambiguous movements or messages as threatening or ominous. This phenomenon can create a feedback loop, reinforcing fears and sometimes leading to lasting emotional disturbances.

Reported Paranormal Incidents: Anecdotal Evidence and Common Themes

Across various cultures and communities, numerous stories have emerged linking Ouija board use to paranormal phenomena. While empirical validation remains elusive, the consistency and volume of these accounts warrant a closer examination.

Malevolent Entities and Possession Claims

Some narratives suggest that Ouija boards can invite malevolent spirits or demons into participants' lives. These stories often include descriptions of unexplained noises, physical sensations, or changes in behavior attributed to possession or spiritual attachment. Religious groups and paranormal investigators frequently cite such cases to caution against Ouija board use.

Unexplained Physical and Environmental Events

Other accounts focus on physical manifestations following Ouija use, such as objects moving without apparent cause, sudden temperature drops, or flickering lights. While skeptics attribute these occurrences to natural or psychological causes, believers interpret them as signs of a spiritual presence activated by the board.

Comparative Analysis: Ouija Boards vs. Other Divination Tools

When examining the dangers of Ouija boards stories, it is instructive to compare them with other divination tools like tarot cards, pendulums, or crystal balls. Unlike these tools, which rely primarily on interpretation and symbolism, the Ouija board involves direct interaction through movement, which can create a more immersive and potentially unsettling experience.

- **Level of Immersion:** Ouija board users physically engage with the planchette, fostering a sense of direct communication that can intensify emotional responses.
- **Perceived Authenticity:** The tangible movement of the planchette can make messages feel more “real” than interpretive readings, increasing psychological impact.
- **Risk of Negative Psychological Effects:** Due to the interactive nature, Ouija sessions may carry higher risks of inducing fear and anxiety compared to other divination methods.

This comparative insight highlights why Ouija boards might be uniquely positioned to elicit strong reactions and contribute to the plethora of cautionary tales.

Pros and Cons of Ouija Board Use

While many warnings focus on risks, some enthusiasts argue that Ouija boards can offer positive experiences, such as entertainment or a feeling of connection to the spiritual realm. Nonetheless, understanding the risks remains crucial.

1. Pros:

- Engaging group activity with historical and cultural interest.
- Potential for psychological catharsis or exploration of subconscious thoughts.
- Source of creative inspiration for writers and artists.

2. Cons:

- Potential to trigger anxiety, paranoia, or psychological distress.
- Possibility of reinforcing harmful superstitions or fears.

- Risk of disturbing experiences that may feel beyond control.

The Role of Media and Cultural Perceptions

Media portrayals have significantly shaped public perceptions of Ouija boards. Horror films, television shows, and sensational news stories often emphasize the sinister aspects, contributing to a cultural narrative that equates Ouija use with danger.

This sensationalism can both reflect and amplify genuine fears, sometimes obscuring rational analysis with emotional responses. Conversely, some communities and individuals embrace the board as a harmless or even sacred tool, underscoring the diverse attitudes toward its use.

Religious and Spiritual Perspectives

Many religious groups warn against Ouija board use, associating it with occult practices or demonic influence. These perspectives often inform the framing of dangers in both personal testimonies and institutional guidance.

On the other hand, some spiritual practitioners view the board as a neutral medium, emphasizing intention and protective rituals to mitigate risks. This dichotomy illustrates how cultural and spiritual beliefs shape interpretations of the board's dangers.

Scientific Investigations and Skeptical Views

Scientific inquiry into Ouija boards focuses primarily on psychological explanations, notably the ideomotor effect. Controlled experiments have demonstrated that users often move the planchette subconsciously, influenced by expectations and suggestions.

Despite these findings, science does not entirely dismiss the emotional and psychological consequences reported by users. Researchers caution that the power of belief and suggestion can produce real effects, including distressing experiences that should not be overlooked.

Understanding the Nocebo Effect

The nocebo effect—the phenomenon where negative expectations cause harmful outcomes—can help explain some dangers associated with Ouija board stories. When individuals anticipate frightening or harmful results, their minds may unconsciously create

symptoms or perceptions consistent with those fears.

This interplay of mind and expectation complicates the narrative, suggesting that the dangers may not stem from supernatural forces but from the psychological impact of belief and fear.

Safety Considerations and Responsible Use

For those who choose to engage with Ouija boards, awareness of potential risks and precautionary measures can help mitigate negative outcomes. Experts often recommend:

- Approaching the board with a clear, calm mindset.
- Using the board in a well-lit, comfortable environment.
- Setting intentions to avoid inviting negative energies or fears.
- Ending sessions promptly if distress arises.
- Seeking professional help if psychological symptoms develop.

Such guidelines acknowledge that while the board itself may not be inherently dangerous, the contexts and mental states surrounding its use play critical roles in shaping experiences.

The ongoing fascination with Ouija boards and the persistent circulation of dangers of ouija boards stories underscore the complex interplay between culture, psychology, and spirituality. Whether viewed as a harmless game, a gateway to the supernatural, or a psychological experiment, the Ouija board remains an enigmatic object that challenges users to confront both external mysteries and internal fears.

[Dangers Of Ouija Boards Stories](#)

dangers of ouija boards stories: *Murder Of A Hermit* Carol Miller, 2024-06-04 Hope and Summer Bailey have their work cut out for them when a man who seems to be The Hermit from their Tarot card readings is found dead in their back yard! In the fun and exciting third instalment of the Fortune Telling Mysteries, the Bailey sisters find themselves in very hot water! An impromptu Tarot reading reveals the stranger who has been watching Hope and Summer over the last few days to be the Hermit - a seeker of knowledge and wisdom. The sisters discover that he has been hired to steal a valuable and potentially dangerous book from them, but only after he's found drowned in their back garden! Was he killed to hide the mastermind behind the theft? When a rival fortune teller holds a seance to determine the identity of the Hermit's murderer, Hope and Summer find themselves accused of the crime. Can they clear their name and figure out who the real culprit is

before the book falls into the wrong hands?

dangers of ouija boards stories: Ouija Board Nightmares 2: More True Tales of Terror John Harker, The long awaited sequel is here! This all-new volume of true stories takes up where the original Ouija Board Nightmares left off—with even more chilling tales, extraordinary events, and urgent warnings. Containing nearly 60 stories of Ouija board sessions gone terribly wrong, this book offers something for everyone: paranormal enthusiasts, horror fans, thrill seekers, or even concerned parents and friends. From the Table of Contents: Strange Events Menacing Messages Creepy Coincidences Infernal Intruders Fiendish Attacks Oppressions and Obsessions Zozo: The Ouija Board Demon Friends and Fiends on Fire Island A Family's Nightmare - The Story Behind Veronica When the Author of The Exorcist Tried Out a Ouija Board Interest in the occult is at an all-time high, and that means more people than ever are turning to Ouija boards to explore the world beyond this one. The problem is, the Ouija board is a magnet for attracting any and all dwellers of that world—human and demonic—and an invitation to those spirits to cross into the human realm. Can this ever be a good thing? The victims whose stories are told in *Ouija Board Nightmares 2*, and the experts cited throughout the book, would resoundingly answer no. These accounts are fascinating and provocative, but with them comes a warning: Ouija boards are dangerous and the entities they attract can make your life, and the lives of those around you, a living hell. Read them with your mind open, your eyes clear—and your lights on.

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dangers of ouija boards stories: *Top 20 Paranormal Phenomena* Jade Summers, 2024-07-01 Unlock the Mysteries of the Unseen World Dive into the spine-chilling and enigmatic

world of Top 20 Paranormal Phenomena, where the boundary between the natural and supernatural blurs. This enthralling book uncovers twenty of the most fascinating and unexplainable paranormal events that continue to captivate and mystify. From ghostly apparitions and haunted locations to poltergeist activities and inexplicable encounters, each chapter offers a deep dive into the eerie details and enduring questions that surround these phenomena. With riveting narratives and thorough investigations, this book will leave you spellbound and eagerly turning pages. Discover the stories that defy rational explanations, ponder the evidence, and explore the theories that attempt to make sense of the inexplicable. Whether you are a skeptic or a believer, these haunting tales will challenge your perception of reality and ignite your imagination. Are you ready to embark on a journey into the unknown?

dangers of ouija boards stories: *Ouija Board Nightmares: The Complete Collection* John Harker, Have a Ouija board in your house? Thinking about trying one out? You won't after reading this book. Containing the full editions of Ouija Board Nightmares 1 and 2, this newest compendium offers a sweeping thrill ride through the mysterious and hair-raising world of the Ouija. Real-life encounters with strange and terrible entities drive these tales of unearthly obsession, frightful oppression, and terrifying possession. Though the Ouija board may be marketed as a game, there are no winners in this activity. Only victims. Fans of the paranormal, would-be dabblers in the occult, skeptics as well as believers will find *Ouija Board Nightmares: The Complete Collection* an entertaining if not cautionary reading experience. The chilling stories told within its pages may confirm your own suspicions, or open your eyes to a dark and dangerous alternate reality. One thing is certain: they will not be soon forgotten. Nightmares rarely are.

dangers of ouija boards stories: *The Supernaturalist's Guide to the Spirit World* Pasquale De Marco, 2025-08-12 Embark on a journey into the enigmatic world of spirits and the supernatural with *The Supernaturalist's Guide to the Spirit World*, the definitive guide from renowned supernaturalist Pasquale De Marco. Drawing from years of firsthand experience and extensive research, Pasquale De Marco unveils the mysteries of the spirit realm, providing readers with a comprehensive understanding of ghosts, hauntings, and the afterlife. *The Supernaturalist's Guide to the Spirit World* is not just a collection of theories and anecdotes; it is a practical handbook filled with spells, rituals, and techniques that readers can use to connect with the spirit world. Within these pages, you will discover:

- * The nature of spirits and the different types of spirits that exist *
- How to identify haunted places and investigate paranormal phenomena *
- The history and techniques of séances and Ouija boards *
- How to interpret dreams and spirit messages *
- The ancient practice of necromancy and the dangers associated with it *
- The rise of spiritualism in the Victorian era and its legacy today *
- How to recognize and deal with spiritual obsession and possession *
- The tools and techniques used by ghost hunters *
- Essential spells, rituals, and protective measures for working with the supernatural

The Supernaturalist's Guide to the Spirit World is more than just a book about ghosts and the afterlife; it is a guide to exploring the unseen world and understanding our place within it. With Pasquale De Marco as your guide, you will embark on a journey into the supernatural realm, where the boundaries between the living and the dead blur and the mysteries of the unknown are revealed. Whether you are a seasoned supernaturalist or simply curious about the world beyond our own, *The Supernaturalist's Guide to the Spirit World* offers a wealth of knowledge and practical guidance. Pasquale De Marco's clear and engaging writing style makes the complex world of spirits accessible to all. Prepare to delve into the supernatural realm and discover the secrets that lie hidden within. *The Supernaturalist's Guide to the Spirit World* is your essential guide to the spirit world, providing you with the tools and knowledge to explore the unseen and connect with the beyond. If you like this book, write a review!

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2005-11-01 Part fascinating history and part practical manual, this engaging guide takes the position that the Ouija Board is indeed as powerful as its detractors claim, revealing the dark secrets and hidden truths of this curious, enduring "game."

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dangers of ouija boards stories: The Complete Idiot's Guide to Ghosts and Hauntings Tom Ogden, 1999 You're no idiot, of course. You know Casper was a friendly ghost and that the Phantom Hitchhiker is someone you'd rather not meet on a deserted highway late at night. But when it comes to knowing the authentic roots of ghost stories--and which ones remain unexplained to this day--you don't stand a ghost of a chance. Don't get spirited away yet! The Complete Idiot's Guide to Ghosts and Hauntings is an eerie investigation into the firsthand accounts, legends, literature, and dramatic works surrounding the world of ghosts. In this Complete Idiot's Guide, you get:

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dangers of ouija boards stories: Ghosts, Spirits, and Psychics Matt Cardin, 2015-07-28 This fascinating work provides a complete overview of paranormal phenomena, including the beliefs, attitudes, and notable figures who have attempted to explain, defend, or debunk the mysteries behind the unknown. Recent interest in the paranormal as pop culture fodder belies its historical status as an important subject of cultural, philosophical, and scientific significance. This book traces the trajectory of paranormal studies from its early role as a serious academic and scientific topic studied by mainstream scientists and eminent scholars to its current popularity in books, film, and TV. This compelling reference work details the experiences, encounters, and ideas that make up this controversial field of study. The contributed entries examine the broad phenomena of the paranormal, addressing the history of scientific investigations along with its contemporary media depictions to illustrate the evolution of cultural attitudes about the paranormal. A selection of primary documents provides real-life accounts and contributions from noted experts that explore the full scope of themes from spiritualism to poltergeists to astrology. Accompanying images, timelines, quotations, and sidebars make the content come to life and encourage alternative explanations of these events.

dangers of ouija boards stories: Whispers In The Dark Tamara Blair, 2024-11-06 A group of five friends embarks on a weekend trip to an isolated forest, eager for adventure and escape from their daily lives. Among them, Sarah brings an old Ouija board she found in her attic, believing it will add an eerie thrill to their camping experience. Despite warnings from Rachel, who feels uneasy about meddling with the unknown, the group laughs off her concerns and gathers around the board in a decrepit cabin deep in the woods. What begins as a harmless game quickly takes a sinister turn when the board spells cryptic messages and the friends sense they are not alone. Strange whispers echo from the forest, shadows seem to move of their own accord, and the group realizes they have awakened something ancient and malevolent. Unknown to them, the board is not just a game—it is an invitation to the Keeper, a dark entity that thrives on fear, desperation, and hope. Trapped in an escalating nightmare, the friends must unravel the truth behind the Keeper's origins while trying to escape its endless, twisted game. As the boundaries between the real and the supernatural blur, survival becomes a deadly gamble, and the Keeper ensures one thing: the game is far from over.

dangers of ouija boards stories: 20 Ways to Increase Your Psychic Abilities John Russell, 2023-07-30 John's third book, 20 Ways to Increase Your Psychic Abilities, is a series of practical how-to lessons in psychic development that will take you by the hand and walk you step-by-step through the learning process as you discover how to: successfully learn and practice psychometry; accurately interpret your dreams; begin to understand and read the Tarot cards; safely conduct your own seance; practice effective candle magic; make your own amulets and talismans; practice healing; record spirit voices; attract the perfect mate; and much more. As an internationally known professional psychic John is frequently asked by his worldwide clientele, "How can I develop my own psychic abilities?" In response to those requests John has authored this book to help anyone to increase their own psychic powers, and to apply those powers in practical ways in order to better their lives and the lives of others. The reader doesn't have to have any psychic knowledge or training to be able to use this book right away. The complete beginner can begin with the first chapter and learn to practice psychometry successfully, and then proceed through the book and learn other exciting, entertaining, and useful techniques. And someone with above average psychic abilities and understanding may still find some useful theory and knowledge that they can apply, as well as new food for thought. From the foreword written by JV Johnson (Ghost Hunters TV show. Host — Paranormal IRL; Beyond Reality; The Independence Gang. publisher/editor of TAPS Para-magazine.): In 20 Ways to Increase Your Psychic Abilities, John offers the same guidance for any who look to

broaden their spectrum of understanding. John presents a straightforward and eye-opening approach to unleashing your psychic potential. As he says, '...like all things, practice and consistency is key.' You will find him to be an inspiration as I have for the years I have known him. And, even though you may not have the chance to meet John personally, through his books and his words, you will find in him, as I did, a true friend. JV Johnson. John Russell has been a professional psychic for 50 years. Internationally known, he has provided psychic readings for clients in over 40 countries. John filmed a TV pilot for The History Channel in which he psychically explored the assassination of President Abraham Lincoln. For over 15 years he has been a popular featured guest, heard worldwide, on many radio shows and podcasts. Over the last year and a half John has been interviewed over 100 times, including appearances on: Coast to Coast AM with George Noory — The Unexplained with Howard Hughes (UK) — FATE Magazine Radio with Kat Hobson — Beyond Reality with JV Johnson — Darkness Radio with Tim Dennis — Shifting the Paradigm with Cristina Gomez — The Unidentified Celebrity Review with Luis Jimenez; and many more. Also available by John Russell: Riding with Ghosts, Angels, and the Spirits of the Dead and A Knock in the Attic.

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